Come Here U

拍數: 32

級數: Intermediate west coast swing

編舞者: Rick Bates (USA) & Deborah Bates (USA)

音樂: Trouble - Mark Chesnutt

SIDE ROCK STEP, BEHIND, SYNCOPATED SIDE STEP, CROSS, MODIFIED MONTEREY TURN, KICK-**TOGETHER-POINT**

- 1-2 Step to the right on right foot; rock to the left onto left foot
- 3&4 Cross right foot behind left and step; step to the left on left foot; cross right foot over left and step
- 5-6 Touch left foot out to the left; pivot 1/2 turn to the left on ball of right foot and step left foot next to right
- 7&8 Kick right foot forward; step right foot next to left; point left toe to the left

SYNCOPATED TOGETHER, MODIFIED MONTEREY TURN, SIDE ROCK STEP, BEHIND, SYNCOPATED SIDE STEP, CROSS, SYNCOPATED TOE SWITCHES

- Step left foot next to right &
- 9-10 Touch right foot out to the right; pivot 1/2 turn to the right on ball of left foot and step right foot next to left
- 11-12 Step to the left on left foot; rock to the right onto right foot
- Cross left foot behind right and step; step to the right on right foot, cross left foot over right 13&14 and step
- 15&16 Touch right toe to the right; step right foot next to left; touch left toe to the left

SYNCOPATED TOGETHER, ROCK STEP, TURNING TRIPLE STEP, ROCK STEP, TURNING SHUFFLE

- & Step left foot next to right
- 17-18 Step forward on right foot; rock back onto left foot
- 19&20 Triple step in place (right, left, right) making a ³/₄ turn to the right on these steps
- 21-22 Step forward on left foot; rock back onto right foot
- 23&24 Triple step in place (left, right, left) making a ¹/₂ turn to the left on these steps

POINT, HOLD, SYNCOPATED TOGETHER, POINT, HOLD, SYNCOPATED TOGETHER, TO THE LEFT MILITARY PIVOT, SYNCOPATED OUT-OUT, IN-IN

- 25-26 Point right toe to the right; hold
- 27&28 Point left toe to the left; hold
- & Step left foot next to right
- 29-30 Step forward on right foot; pivot 1/2 turn to the left on ball of right foot and shift weight to left foot
- &31 Step to the right on right foot; step to the left on left foot
- Step to home on right foot; step left foot next to right &32

REPEAT





牆數:4