Come To Papa

拍數: 40

級數: Intermediate

編舞者: Nancy Morgan (USA)

音樂: Come To Papa - Bob Seger

VINE LEFT WITH A QUICK CROSS STEP, CLAP, REPEAT

- 1-2 Step left foot forward, step right behind left
- &3 Quickly step left to left side and cross right over left
- 4 Clap
- 5-6&7-8 Repeat 1 -4

SWIVEL, STEP, SLIDE, SHUFFLE, ROCK STEP

- 1-2 Swivel both feet to left, then right (kick left foot back, bend at knee)
- 3-4 Step left foot forward, slide right behind left
- 5&6 Shuffle left, right left
- 7-8 Rock step forward on right and back on left (this will begin your ¹/₂ turn to right)

SHUFFLE, ½ JAZZ BOX, COASTER STEP, STOMP, CLAP

- 1&2 (Stepping ¹/₂ turn to right) shuffle right, left, right
- 3-4 (1/2 Jazz box square) cross left over right, step back on right
- 5&6 Coaster step step back on left, step right next to left, step left foot forward
- 7-8 Stomp right next to left, clap

RIGHT ROCKING HOP STEPS, STOMP, CLAP, TWICE, REPEAT WITH LEFT

- 1&2 Hop forward on right, back on left, hop back on right
- &3 Hop forward on left, hop forward on right (steps 1-3 is done in double time)
- &4 Clap twice
- 5&6 Hop forward on left, back on right, hop back on left
- &7 Hop forward on right, hop forward on left (steps 1-3 is done in double time)
- &8 Clap twice

HEEL, TOE, ½ TURN HEEL, STOMP, 2 SAILOR SHUFFLES

- 1-2 Put right heel forward, put right toe back
- 3 (As you turn ¹/₂ turn to your right) tap heel forward (keeping weight on left foot)
- 4 Stomp right foot forward
- 5&6 Sailor shuffle step left behind right, step right to right side step left foot forward
- 7&8 Sailor shuffle step right behind left, step left to left side step right foot forward

REPEAT





牆數:4