

# Commitment

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Amanda McCulloch (UK)  
音樂: Commitment - LeAnn Rimes



## RIGHT ROCK STEP, RIGHT COASTER STEP, STEP ½ TURN, LEFT KICK BALL CHANGE

- 1-2      Step forward on to right foot. Rock weight back on to left  
3&4      Right coast step-(step back on right. Step left beside right. Step forward on right)  
5-6      Step forward on to left foot. Pivot ½ turn to the right  
7&8      Left kick ball change-(kick left forward. Step left beside right. Step right in place)

## LEFT ROCK STEP, LEFT COASTER STEP, STEP ½ TURN, RIGHT KICK BALL CHANGE

- 9-10      Step forward on to left foot. Rock weight back on to right  
11&12      Left coaster step-(step back on left. Step right beside left. Step forward on left)  
13-14      Step forward on to right foot. Pivot ½ turn to the left  
15&16      Right kick back change-(kick right forward. Step right beside left. Step left in place)

## RIGHT ROCK STEP, 3X TURNING TRIPLE STEPS (TO THE RIGHT)

- 17-18      Step forward on to right foot. Rock weight back on to left  
19&20      Triple step-right, left, right making ½ turn right  
21&22      Triple step-left, right, left making ½ turn right  
23&24      Triple step-right, left right making ½ turn right

Travel back on the turning shuffles.

## LEFT ROCK STEP, 3X TURNING TRIPLE STEPS (TO THE LEFT)

- 25-26      Step forward on to left foot. Rock weight back on to right  
27&28      Triple step-left, right, left making ½ turn left  
29&30      Triple step-right, left, right making ½ turn left  
31&32      Triple step-left, right, left making ½ turn left

Travel back on the turning shuffles.

## STEP ¼ TURN, CROSSING TRIPLE STEP, SIDE, CROSS, UNWIND, TWICE STEP IN PLACE

- 33-34      Step forward on to right foot. Pivot ¼ turn to the left  
35&36      Cross right over left. Step small step to the left. Cross right over left  
37-38      Step to the left with left foot. Cross right behind  
39      Unwind ½ turn to the right (with weight remaining on right foot)  
&40      Step left foot in place. Step right foot in place

## STEP ¼ TURN, CROSSING TRIPLE STEP, SIDE, CROSS, UNWIND, TWICE STEP IN PLACE

- 41-42      Step forward on to left foot. Pivot ¼ turn to the right  
43&44      Cross left over right. Step small step to the right. Cross left over right  
45-46      Step to the right with right foot. Cross left behind right  
47      Unwind ½ turn to the left (with weight remaining on left foot)  
&48      Step right foot in place. Step left foot in place

## RIGHT SHUFFLE LEFT SHUFFLE, FORWARD RIGHT ½ TURN, BACK LEFT ½ TURN

- 49&50      Right shuffle forward-(step forward right. Step left beside right. Step forward right)  
51&52      Left shuffle forward-(step forward left step right beside left. Step forward left)  
53-54      Step forward on to right foot. Pivot ½ turn to the left  
55-56      Step back on to left foot. Pivot ½ turn to the left

## STEP ¼ TURN, CROSS, SIDE, BEHIND, UNWIND, TRIPLE STEP

57-58	Step forward on to right foot. Pivot $\frac{1}{4}$ turn to the left
59-60	Cross right foot over left. Step to the left with left foot
61-62	Cross right foot behind left. Unwind $\frac{1}{2}$ turn to the right (with weight remaining on right foot)
63&64	Triple step left, right, left (on the spot)

**REPEAT**

---