

Complicated

拍數: 34 牆數: 4 級數: Beginner
編舞者: Louis James Sequeira (SG)
音樂: Complicated Heart - Michael Learns to Rock



WALK FORWARD, FORWARD RIGHT SHUFFLE, WALK FORWARD, FORWARD LEFT SHUFFLE

1-2 Step right forward, step left forward
3&4 Forward right shuffle- right, left, right
5-6 Step left forward, step right forward
7&8 Forward left shuffle- left, right, left

ROCK RECOVER, SIDE SHUFFLE TO RIGHT, ROCK RECOVER, SIDE SHUFFLE TO LEFT

1-2 Step right across left and rock diagonally forward, recover weight on left
3&4 Side shuffle right - step side right, close left beside right, step side right
5-6 Step left across right and rock diagonally forward, recover weight on right
7&8 Side shuffle left- step side left, close right beside left, step side left

STOMP HOLD, BEHIND SIDE CROSS

1 Hold
2 Stomp right to right, hold
3&4 Cross left behind right, step right to right, cross left over right
5 Hold
6 Stomp right to right, hold
7&8 Cross left behind right, step right to right, cross left over right

VINE RIGHT, TURNING ¼ RIGHT SHUFFLE RIGHT FORWARD, PIVOT ¾ RIGHT, SIDE SHUFFLE LEFT TURNING ¼ TO LEFT

1-2 Step right to right, step left behind right
3&4 Turning ¼ to right step right forward, step left behind right, step right forward
5-6 Step left forward, pivot ¾ to right (left crossed behind right when completed)
7&8 Step left to left, step right close to left, turning ¼ left step left forward

HIPS BUMP

1&2 Step right diagonally forward to right- bump hips forward, back, forward

REPEAT
