

# Constant Sorrow

**COPPER KNOB**  
STEPPERS

拍數: 0                      牆數: 4                      級數: Intermediate  
編舞者: Gerda Klein (NL)  
音樂: I Am a Man of Constant Sorrow - The Soggy Bottom Boys



Sequence: AABC AABC AABC AABC AAB

## PART A

### VINE WITH SLAPS

- 1                      Right foot side step right
- 2                      Left foot cross behind
- 3                      Right foot side step right
- 4                      Right hand slap left foot behind, turn head right
  
- 5                      Left foot side step left
- 6                      Left hand slap right foot behind, turn head left
- 7                      Right foot side step right
- 8                      Right hand slap left foot behind, turn head right

### VINE WITH ¼ TURN, HOLD, ½ PIVOT TURN (2X)

- 9                      Left foot side step left
- 10                     Right foot cross behind
- 11                     ¼ turn left, left foot step forward
- 12                     Hold
  
- 13                     Right foot step forward
- 14                     ½ turn left
- 15                     Right foot step forward
- 16                     ½ turn left

### HEEL, HOOK, HEEL, FLICK, HEEL, HOOK, STEP FORWARD, HOLD

- 17                     Right foot touch heel forward
- 18                     Right foot hook in front of left knee
- 19                     Right foot touch heel forward
- 20                     Right foot flick out to right side
  
- 21                     Right foot touch heel forward
- 22                     Right foot hook in front of left knee
- 23                     Right foot step forward
- 24                     Hold

### REPEAT 17-24, STARTING LEFT FOOT

- 25-32                Repeat 17-24, starting with left foot

### SCISSOR, HOLD (2X)

- 33                     Right foot side step right
- 34                     Left foot step together
- 35                     Right foot cross step forward
- 36                     Hold
  
- 37                     Left foot side step left

- 38 Right foot step together
- 39 Left foot cross step forward
- 40 Hold

#### **PART B**

##### **SIDE STEP, ½ HOP TURN, SIDE STEP, ½ HOP TURN, SIDE ROCK, STEP, TOUCH**

- 1 Right foot side step right
- 2 ½ turn right, right foot hop
- 3 Left foot side step left
- 4 ½ turn right, left foot hop
  
- 5 Right foot side rock
- 6 Left foot recover
- 7 Right foot side step right
- 8 Left foot touch next to right foot

##### **REPEAT 1-8, STARTING LEFT FOOT**

- 9-16 Repeat 1-8, starting with left foot

#### **PART C**

##### **SLIDE, HOLD, STEP BEHIND, CROSS OVER (2X)**

- 1 Right foot slide right
- 2 Hold
- 3 Left foot close behind right foot
- 4 Right foot cross step forward
  
- 5 Left foot slide left
- 6 Hold
- 7 Right foot close behind left foot
- 8 Left foot cross step forward

##### **SIDE STEP, ¼ HOP TURN, STEP BACK, ¼ HOP TURN, CROSS ROCK, SIDE STEP, HOLD**

- 9 Right foot side step right
- 10 ¼ turn left, right foot hop
- 11 Left foot step backward
- 12 ¼ turn left, left foot hop
  
- 13 Right foot cross rock forward
- 14 Left foot recover
- 15 Right foot side step right
- 16 Hold

##### **CROSS ROCK, STEP SIDE, HOLD, CROSS ROCK, CLOSE, HOLD**

- 17 Left foot cross rock forward
- 18 Right foot recover
- 19 Left foot side step left
- 20 Hold
  
- 21 Right foot cross rock forward
- 22 Left foot recover
- 23 Right foot step together
- 24 Hold

##### **SLIDE, HOLD, STEP BEHIND, CROSS OVER (2X)**

- 25 Left foot slide left
- 26 Hold
- 27 Right foot close behind
- 28 Left foot cross step forward
  
- 29 Right foot slide right
- 30 Hold
- 31 Left foot close behind
- 32 Right foot cross step forward

**SIDE STEP, ¼ HOP TURN, STEP BACK, ¼ HOP TURN, CROSS ROCK, CLOSE, HOLD**

- 33 Left foot side step left
  - 34 ¼ turn right, left foot hop
  - 35 Right foot step back
  - 36 ¼ turn right, right foot hop
  
  - 37 Left foot cross rock forward
  - 38 Right foot recover
  - 39 Left foot step together
  - 40 Hold
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