The Cool Bar



拍數: 48 牆數: 2 級數: Improver waltz

編舞者: Gary Lafferty (UK)

音樂: The Last Waltz - Engelbert Humperdinck



WALTZ FORWARD, WALTZ BACK WITH 1/4 TURN LEFT

1-3 Step forward on left foot, step on right foot beside left, step on left foot in place

4 Step back on right foot turning 1/4 left

Step on left foot beside rightStep on right foot in place

WALTZ FORWARD, WALTZ BACK WITH 1/4 TURN LEFT

1-3 Step forward on left foot, step on right foot beside left, step on left foot in place

4 Step back on right foot turning 1/4 left

Step on left foot beside rightStep on right foot in place

STEP FORWARD, SLOW KICK; STEP BACK, ½ TURN, STEP FORWARD

1-3 Step forward on left foot, kick right foot forward over 2 counts

4 Step back on right foot starting to turn ½ left

5 Complete ½ turn left by stepping slightly forward on left foot

6 Step forward on right foot

STEP FORWARD, SLOW KICK; RIGHT COASTER STEP

1-3 Step forward on left foot, kick right foot forward over 2 counts

4-6 Step back on right foot, step on left foot beside right, step forward on right foot

LEFT MAMBO FORWARD; RIGHT LOCK STEP BACK

1-3 Rock forward on left foot, recover weight back onto right foot, step back on left foot

4-6 Step back on right foot, lock-step left foot over right, step back on right foot

3/4 TRIPLE TURN; SIDE-ROCK, RECOVER, CROSS

1-3 Triple-turn ¾ turn over left shoulder in place stepping on left-right-left

4-6 Rock to right on right foot, recover weight onto left, cross-step right foot over left

STEP LEFT, DRAG, TOUCH; FULL ROLLING TURN TO RIGHT

1-3 Large step to left on left foot, drag right foot towards left, touch right foot beside left

Turn ¼ right, stepping forward onto right foot
 Turn ½ right, stepping back onto left foot
 Turn ¼ right, stepping to right on right foot

LEFT TWINKLE, RIGHT TWINKLE WITH 1/4 TURN TO RIGHT

1-3 Cross-step left foot over right, step on right foot beside left, step on left foot in place

4-6 Cross-step right foot over left, turn 1/4 right stepping back on left foot, step on right foot beside

left

REPEAT

TAG

Danced only once at the end of the second wall, facing front WALTZ FORWARD, WALTZ BACK

1-3 Step forward on left foot, step on right foot beside left, step on left foot in place

4-6 Step back on right foot, step on left foot beside right, step on right foot in place
This dance was originally thought of in September 2002 when Marie & I kept hearing this song being played
in the background while we sat drinking at night in "The Cool Bar" at The Hotel Triton in Ahungalle, Sri Lanka.
Hence the name.