

# Cornbread And Chicken

**COPPER** KNOB  
STEPMATS

拍數: 0      牆數: 2      級數: Intermediate  
編舞者: Trish Boesel (USA) & Bob Boesel (USA)  
音樂: Where I Come from - Alan Jackson



Sequence: AB, AB, AAB, AA, B (counts 1-32), B, AA

## SECTION A

### ROCK, RECOVER, SHUFFLE RIGHT, ROCK, RECOVER, SHUFFLE LEFT WITH ¼ TURN LEFT

- 1-2      Cross right over left, recover weight on left
- 3&4      Shuffle to side: right, together on left, right
- 5-6      Cross left over right, recover weight on right
- 7&8      Shuffle to side with ¼ turn left: left, together right, step on left into ¼ turn left

### SHUFFLE FORWARD, ROCK, RECOVER, ½ TURN LEFT, SHUFFLE LEFT WITH ¼ TURN LEFT

- 1&2      Shuffle forward right, left, right
- 3-4      Rock forward on left, recover weight back on right
- 5-6      Turn ½ left onto left, step forward on right making ½ turn left
- 7&8      Turn ¼ left and shuffle to side: left, right, left

### ROCK, RECOVER, SHUFFLE RIGHT WITH ¼ TURN RIGHT, STEP, POINT, CROSS, BACK, TOGETHER

- 1-2      Cross right over left, recover left
- 3&4      Shuffle to side with ¼ turn right: right, together left, step on right in ¼ turn right
- 5-6      Step forward on left, point right to side
- 7&8      Cross right over left, step back on left, step together on right

### STEP, PIVOT, TRIPLE STEP WITH ¾ TURN RIGHT, ROCK, RECOVER, STEP, PIVOT

- 1-2      Step forward on left, pivot ½ turn right onto right
- 3&4      Triple step executing ¾ turn right: step forward on left into ¼ turn right, step right next to left into ¼ turn right, step left into ¼ turn right
- 5-6      Rock back on right, recover weight forward on left
- 7-8      Step forward on right, pivot ½ turn left onto left

## SECTION B

### KICK, KICK, COASTER STEP, STEP FORWARD LEFT, STEP FORWARD RIGHT, SAILOR STEP WITH ¼ TURN LEFT

- 1-2      Kick right forward, kick right forward
- 3&4      Reverse coaster step: step back on right, step left next to right, step forward on right
- 5-6      Step forward on left, step forward on right
- 7&8      Sailor step with ¼ turn left

### KICK, KICK, COASTER STEP, STEP FORWARD LEFT, STEP FORWARD RIGHT, SAILOR STEP WITH ¼ TURN LEFT

- 1-2      Kick right forward, kick right forward
- 3&4      Reverse coaster step: step back on right, step left next to right, step forward on right
- 5-6      Step forward on left, step forward on right
- 7&8      Sailor step with ¼ turn left

### KICK, KICK, COASTER STEP, STEP FORWARD LEFT, STEP FORWARD RIGHT, STEP, TURN ½, STEP

- 1-2      Kick right forward, kick right forward
- 3&4      Reverse coaster step: step back on right, step left next to right, step forward on right
- 5-6      Step forward on left, step forward on right

7&8 Step forward on left, turn ½ right onto right, step forward on left

**SIDE, HOLD, BEHIND, SIDE, TOGETHER, HEEL & HEEL& HEEL, TOUCH**

1-2 Step to side on right, hold

3&4 Cross left behind right, step to side on right, step together on left

5&6& Tap right heel forward, step right next to left, tap left heel forward, step left next to right

7-8 Tap right heel forward, touch right next to left

**ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, COASTER STEP**

1-2 Rock forward on right, recover weight back on left

3&4 Reverse coaster: step back on right, step left next to right, step forward on right

5-6 Rock forward on left, recover weight back on right

7&8 Reverse coaster step: step back on left, step right next to left, step forward on left

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