Cornbread And Chicken



拍數: 0 牆數: 2 級數: Intermediate

編舞者: Trish Boesel (USA) & Bob Boesel (USA) 音樂: Where I Come from - Alan Jackson



Sequence: AB, AB, AAB, AA, B (counts 1-32), B, AA

SECTION A

ROCK, RECOVER, SHUFFLE RIGHT, ROCK, RECOVER, SHUFFLE LEFT WITH 1/4 TURN LEFT

1-2 Cross right over left, recover weight on left
3&4 Shuffle to side: right, together on left, right
5-6 Cross left over right, recover weight on right

7&8 Shuffle to side with ¼ turn left: left, together right, step on left into ¼ turn left

SHUFFLE FORWARD, ROCK, RECOVER, ½ TURN LEFT, SHUFFLE LEFT WITH ¼ TURN LEFT

1&2 Shuffle forward right, left, right

3-4 Rock forward on left, recover weight back on right

5-6 Turn ½ left onto left, step forward on right making ½ turn left

7&8 Turn 1/4 left and shuffle to side: left, right, left

ROCK, RECOVER, SHUFFLE RIGHT WITH 1/4 TURN RIGHT, STEP, POINT, CROSS, BACK, TOGETHER

1-2 Cross right over left, recover left

3&4 Shuffle to side with ¼ turn right: right, together left, step on right in ¼ turn right

5-6 Step forward on left, point right to side

7&8 Cross right over left, step back on left, step together on right

STEP, PIVOT, TRIPLE STEP WITH 3/4 TURN RIGHT, ROCK, RECOVER, STEP, PIVOT

1-2 Step forward on left, pivot ½ turn right onto right

Triple step executing ¾ turn right: step forward on left into ¼ turn right, step right next to left

into ¼ turn right, step left into ¼ turn right

Rock back on right, recover weight forward on leftStep forward on right, pivot ½ turn left onto left

SECTION B

KICK, KICK, COASTER STEP, STEP FORWARD LEFT, STEP FORWARD RIGHT, SAILOR STEP WITH 1/4 TURN LEFT

1-2 Kick right forward, kick right forward

3&4 Reverse coaster step: step back on right, step left next to right, step forward on right

5-6 Step forward on left, step forward on right

7&8 Sailor step with ¼ turn left

KICK, KICK, COASTER STEP, STEP FORWARD LEFT, STEP FORWARD RIGHT, SAILOR STEP WITH 1/4 TURN LEFT

1-2 Kick right forward, kick right forward

3&4 Reverse coaster step: step back on right, step left next to right, step forward on right

5-6 Step forward on left, step forward on right

7&8 Sailor step with ¼ turn left

KICK, KICK, COASTER STEP, STEP FORWARD LEFT, STEP FORWARD RIGHT, STEP, TURN 1/2, STEP

1-2 Kick right forward, kick right forward

Reverse coaster step: step back on right, step left next to right, step forward on right

5-6 Step forward on left, step forward on right

7&8 Step forward on left, turn ½ right onto right, step forward on left

SIDE, HOLD, BEHIND, SIDE, TOGETHER, HEEL & HEEL& HEEL, TOUCH

1-2 Step to side on right, hold

3&4 Cross left behind right, step to side on right, step together on left

Tap right heel forward, step right next to left, tap left heel forward, step left next to right

7-8 Tap right heel forward, touch right next to left

ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, COASTER STEP

1-2	Rock forward on right, recover weight back on left
3&4	Reverse coaster: step back on right, step left next to right, step forward on right
5-6	Rock forward on left, recover weight back on right
7&8	Reverse coaster step: step back on left, step right next to left, step forward on left