

# Chicken Run

**COPPER KNOB**  
BY STEPHEN METZ

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Pat Stott (UK)  
音樂: Ain't Nobody Here But Us Chickens - Asleep at the Wheel



---

## GRAPEVINE RIGHT, CLOSE, PIGEON TOES TWICE, SIDE, BEHIND, ¼ TURN LEFT, CLOSE, BOUNCE HEELS TWICE, ROCK BACK ON BOTH HEELS, LOWER TOES

- 1-4            Step right to right, cross left behind right, step right to right, close left to right  
5-8            Split both heels apart, close, split both heels apart, close (raising elbows to the sides on each split)  
9-12          Step left to left, cross right behind left, turn ¼ to left stepping forward on left, close right to left  
&13&14       Raise both heels, lower, raise both heels, lower  
15-16         Rock back on both heels swinging arms up with palms facing forward (who!), lower toes and bring arms down

## TOE STRUT, TOE STRUT, KICK, KICK, BACK, TOUCH, FORWARD, TOUCH & CLAP, BACK, TOUCH & CLAP FORWARD, CLOSE, ¼ TURN LEFT, SCUFF

- 17-20         Right toe forward, lower heel (taking weight), left toe forward, lower heel (taking weight)  
21-24         Kick right forward twice, step back on right, touch left toe across and in front of right  
25-26         Step diagonally forward on left, touch right toe beside left and clap hands  
27-28         Step diagonally back on right, touch left next to right and clap hands  
29-32         Step forward on left, close right to left, turning ¼ to left step forward on left, scuff right next to left

**REPEAT**

---