

Chromatic Static (Retro Rex The Robot)

COPPER KNOB
STEPSHEETS

拍數: 44 牆數: 4 級數:
編舞者: Adrian Churm (UK)
音樂: Retro Rex (The Robot) - Scooter Lee



The dance will start off doing the front and back wall first followed by the two side walls etc

WEAVE WITH SYNCOPATION TO RIGHT, HOLD, SIDE ROCK, SYNCOPATED WEAVE LEFT, QUARTER TURN INTO A HEEL JACK, CROSS ROCK, HALF TURN WALK

- 1-2&3-4 Step right foot to the right side, step left foot behind right, step right foot to the right, step left foot across right, hold for one beat of music
- 5-6-7&8 Step right foot to the right, replace weight onto the left, step right foot behind left, step left foot to the left, step right foot across left
- 9-10&11&12 Step left foot to the left, step right foot behind left, make a quarter turn to the right and step left foot back, touch right heel forward, close right foot towards left, step left foot forward
- 13-16 Step right foot forward and across left, replace weight back onto left foot commencing to make a half turn right, walk forward right (completing turn), walk forward left

HEEL SWITCHES, STEP, TWIST, TWIST, STEP BACK, CLOSE FORWARD SHUFFLE (REPEAT ON OPPOSITE FOOT)

- 17&18& Touch right heel forward, close right foot to left, touch left heel forward, close left foot to right
- 19&20 Step right foot forward (small step), raise up onto balls of both feet and twist heels right, lower down as you twist heels back to center
- 21-22 Step right foot back, close left foot to right
- 23&24 Shuffle forward right, left, right
- 25&26& Touch left heel forward, close left foot to right, touch right heel forward, close right foot to left
- 27&28 Step left foot forward (small step), raise up onto balls of both feet and twist heels left lower down as you twist heels back to center
- 29-30 Step left foot back, close right foot to left
- 31&32 Shuffle forward left, right, left

CROSS ROCK, ½ TURN SHUFFLE MOVING BACK, PIVOT TURN, SHUFFLE FORWARD, ¼ TURN LEFT (ROBOTICS STYLE)

- 33-34 Step right foot forward and across left, replace weight back onto left foot
- 35&36 Moving back make a half turn to the right as you shuffle right, left, right
- 37-38 Step left foot forward, make a half turn right (weight ends on right foot)
- 39&40 Shuffle forward left, right, left
- 41-44 Step right foot forward (bringing left arm forward and right arm back), hold for one beat, bring right arm forward and left arm back as you look to your left, turn a quarter to the left on balls of both feet to face next wall

REPEAT

TAG 1

At the end of the 2nd, 4th, 5th & 7th repetition of the dance repeat steps 41-44

TAG 2

After the 4th repetition of the dance (after you have repeated counts 41-44), do as follows:

TOE STRUT TURNS, (MOON WALK TURNING)

- 1-2 Step forward onto right toes, lower right heel down as left foot slips back touching left toes back

3-4	Make a quarter turn left over left foot lowering left heel
5-16	Repeat three more times until you have made a full turn
