Celts Reel



拍數: 32 編數: Improver

編舞者: Zandra Varnham (SCO) 音樂: Paddy McCarthy - The Corrs



Keep both hands straight down by your sides SYNCOPATED WEAVE, CROSS SHUFFLE TWICE

| STINCOPATED | WEAVE, CROSS SHOFFLE I WICE |
|-------------|-------------------------------|
| & | Step right foot to right side |
| 1 | Cross left over right |
| & | Step down on right |
| 2 | Cross left behind right |
| & | Step down on right |
| 3 | Cross left over right |
| & | Step down on right |
| 4 | Cross left over right |
| & | Step right to right side |
| 5 | Cross left behind right |
| & | Step down on right |
| 6 | Cross left in front of right |
| & | Step down on right |
| 7 | Cross left behind right |
| & | Step down on right |
| | |

8 Cross left behind right - weight finishes on left foot

Put hands on hips

STOMPS TWICE, HEEL SPLITS TWICE, COASTER STEP, LEFT SHUFFLE

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|--------------|---|
| 1 | Stomp right in front of left |
| 2 | Stomp left behind right - left toe should touch right heel |
| 3 | Turn heels out, leaving toes in place |
| & | Bring heels back in, leaving toes in place |
| 4 | Turn heels out, leaving toes in place |
| & | Bring heels back in, leaving toes in place - weight on left |
| 5&6 | Step back on right, bring left next to right, step forward right |
| 7&8 | Step forward on left, step right next to left, step forward on left |
| | |

| BRUSH, HITCH, CROSS BRUSH HITCH, SHUFFLE TWICE | | |
|--|---|--|
| 1 | Brush ball of right foot forward | |
| & | Hitch right leg | |
| 2 | Cross brush right foot forward over left | |
| & | Hitch right leg | |
| 3&4 | Step forward right, step left next to right, step forward right | |
| 5 | Brush ball of left foot forward | |
| & | Hitch left leg | |
| 6 | Cross brush left foot forward over right | |
| & | Hitch left leg | |
| 7&8 | Step forward left, step next to right, step forward left | |

RIGHT MAMBO, COASTER STEP, TRIPLE ½ TURN, TRIPLE FULL TURN

| 1&2 | Rock forward right, step left in place, rock back on right |
|-----|--|
| 3&4 | Step back left, step right next to left, step forward left |
| 5&6 | Step forward on right, ½ turn on left, step forward on right |

REPEAT