

Center Stage

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Kim Ray (UK)
音樂: Higher Ground - Stevie Wonder



SIDE RIGHT BEHIND & CROSS KICK, & CROSS SHUFFLE, ROCK RECOVER

1-2 Step right to right side, cross left behind right
&3-4 Step right in place, cross left over right, kick right to right diagonal
&5&6 Step right in place, cross left over right, step right to right side, cross left over right
7-8 Rock right to right side, recover onto left

CROSS SHUFFLE, ¼ TURN RIGHT, SYNCOPATED ½ PIVOT TURN, FORWARD RIGHT SHUFFLE

9&10 Cross right over left, step left to left side, cross right over left
11-12 ¼ turn right stepping back on left, ½ turn right stepping forward on right
13&14 Step forward on left, ½ pivot turn right, step forward on left
15&16 Step forward on right, step left next to right, step forward on right

SIDE LEFT BEHIND & CROSS KICK, & CROSS SHUFFLE, ROCK RECOVER

17-18 Step left to left side, cross right behind left
&19-20 Step left in place, cross right over left, kick left to left diagonal
&21&22 Step left in place, cross right over left, step left to left side, cross right over left
23-24 Rock left to left side, recover onto right

CROSS SHUFFLE, ¼ TURN LEFT, STEP TURN CROSS, CHASSE LEFT

25&26 Cross left over right, step right to right side, cross left over right
27-28 ¼ turn left stepping back on right, ½ turn left stepping forward on left
29&30 Step forward on right, ¼ pivot turn left, cross right over left
31&32 Step left to left side, step right next to left, step left to left side

STEP BACK FORWARD SIDE TWICE, ¼ TURN RIGHT & SHUFFLE FORWARD

33-34 Small step straight back on right, small step forward on left
35-36 Small step on right to right side, small step back on left
37-38 Small step forward on right, small step on left to left side (steps 33-38 are danced on toes and bouncy)
39&40 Sharp ¼ turn right stepping forward on right, step left next to right, step forward on right

PIVOT ½ TURN RIGHT, FULL TURN, TRIPLE FULL TURN, ROCK BACK & RECOVER

41-42 Step forward on left, ½ pivot turn right
43-44 ½ turn right stepping back on left, ½ turn right stepping forward on right

Alternative: walk forward left, walk forward right

45&46 Full turn right stepping, left, right, left.

Alternative: step forward on left, step forward on right, step back on left

47-48 Rock back on right, recover on left

STEP SIDE RIGHT & HOLD, & STEP SIDE RIGHT, CROSS ROCK RECOVER, SIDE STEP LEFT, RIGHT CROSS SHUFFLE

49-50 Step right to right side, hold
&51-52 Step left next right, step right to right side, cross rock left over right
53-54 Recover back onto right, step left to left side
55&56 Cross right over left, step left to left side, cross right over left

STEP SIDE RIGHT & HOLD, & STEP SIDE LEFT, CROSS ROCK RECOVER, CROSS UNWIND

57-58 Step left to left side, hold
&59-60 Step right next to left, step left to left side, cross rock right over left
61-62 Recover back on left, step right to right side
63-64 Cross left over right, unwind ½ turn right

REPEAT

This dance is dedicated to my new Granddaughter Megan Isabella since here arrival she has taken CENTER STAGE.
