A Change Of Pace



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Ron Kline (USA) & Linda Kline 音樂: Angel Eyes - Tamara Walker



ROCK SIDE, PUSH, BEHIND AND SIDE, ROCK SIDE, PUSH, BEHIND AND FORWARD

1-2	Rock side right	pushing off with	right step side left
1 4	TOOK SIGO HUIL.	Dusillia on With	Hall Stop Slac left

3&4 Cross step right behind left, step side left, cross step right over left

5-6 Rock side left, pushing off with left step side right

7&8 Cross step left behind right, step side right, step forward left

STEP, PIVOT, HOLD, PIVOT, ROCK STEP, SHUFFLE WITH TURN

1-2	Step forward	riaht	nivot 1/4 le	eft shifting	weight left

3-4 Hold shifting weight right, pivot another ¼ left stepping left in place

5-6 Rock forward right, recover weight left prepping heel left

7&8 Shuffle back right, left, right turning ½ right (facing starting wall)

ROCK, LEAN WITH TOUCH, SHUFFLE BACK, ROCK, LEAN WITH TOUCH, SHUFFLE FORWARD

1-2	Rock forward left	analina bodv riaht	. lean slightly forwa	ard touching right behind left

3&4 Shuffle back right, left, right (body still angled right)

5-6 Rock back left angling body left, lean slightly back touching right in front of left

7&8 Shuffle forward right, left, right (body still angled left then straightening)

STEP, SWAY AND DRAG, STEP, SWAY AND DRAG, ROCK STEP SHUFFLE WITH TURN

1-2 Step forward left diagonally left, swaying hips left drag right towards left

3-4 Step forward right diagonally right, swaying hips right drag left towards right

Try to make these steps (1-4) as smooth as possible

5-6 Rock forward left, recover weight right prepping heel right

7&8 Shuffle back left, right, left turning ¼ left

REPEAT