

Change Sides

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Sho Botham (UK)
音樂: Coming Up - Paul McCartney



This 32 count dance is reversed for the second wall. So when facing the first wall (front) the dance starts with the left foot and when facing the second wall (back) the dance starts with the right foot. You may be surprised at how different the two walls feel when you first learn them

THREE COUNT JAZZ BOX WITH HITCH, STEP TOUCH, STEP TOUCH TOE BEHIND

- 1-4 Step left forward, hitch right, step right across front of left, step back left
- 5-6 Step right to right, touch left beside right
- 7-8 Step left to left, touch right toe behind left heel

STOMP/SCUFF CARRIED FORWARD, WALK BACK TWICE, ROCK BACK, REPLACE, SHUFFLE FORWARD

- 9-10 Stomp or scuff right and carry foot forward into extended hitch
- 11-12 Walk back right, left
- 13-14 Rock back right, replace left
- 15&16 Shuffle forward right-left-right

STOMP, HITCH ¼ TURN, WEAVE, TOUCH SIDE

- 17 Stomp left beside right
- 18 Hitch left making ¼ turn right
- 19-23 Weave stepping left crossed front, right to right, left crossed behind, right to right, left crossed front
- 24 Touch right to right

CLOSE FEET WITH ¼ TURN, HITCH, SHUFFLE FORWARD, STEP HITCH, SHUFFLE, FORWARD

- 25 Close feet together making ¼ turn right (like ¼ Monterey turn)
- 26 Hitch left
- 27&28 Shuffle forward left-right-left
- 29-30 Step right, hitch left
- 31&32 Shuffle forward left-right-left

You now have the right foot free to start the whole dance on the other side. Reverse all the steps and turns to finish facing the first wall ready to start again.

REPEAT