

# Charleston Break

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate/Advanced  
編舞者: Chris Peel (UK)  
音樂: Ain't Gonna Work Today - Junior Brown



Allow 18 beats intro. Count 1&, 2&, 3&, 4& throughout

## POINT-HITCH, TAP-HITCH, KICK-KICK, BACK-TAP

1&2&      Point right to side - hitch right, tap right beside left - hitch right  
3&4&      Kick right forward twice, step right back - tap left beside right

## POINT-HITCH, TAP-HITCH, KICK-KICK, FORWARD-TAP

5&6&      Point left to side - hitch left, tap left beside right - hitch left  
7&8&      Kick left forward twice, step left forward - tap right beside left

## BACK-KICK, ¼ LEFT-TAP BACK (TWICE)

9&10&      Step right back - kick left forward, step ¼ turn left - tap right toe to back  
11&12&      Step right back - kick left forward, step ¼ turn left - tap right toe to back (track ends here during the 7th repetition)

## CHARLESTON (\*SEE SIMPLIFIED ALTERNATIVE)

### Using ball of feet

13&      Touch right forward twisting both right and left heels inwards - twist both left and right heels outwards  
14&      Step right back twisting both right and left heels inwards - twist both left and right heels outwards  
15&      Step left back twisting both right and left heels inwards - twist both left and right heels outwards  
16&      Step left forward twisting both right and left heels inwards - twist both left and right heels outwards

### Alternatively with as much bounce in each step as possible and using full beats

13-16      Touch right forward, step right back, step left back, step left forward

## POINT-HITCH, POINT-HITCH/TWIST ¼ TURN LEFT, FORWARD-PIVOT ½ TURN LEFT, STEP-KICK

17&18&      Point right to side - hitch right, point right forward - hitch right while twisting ¼ turn to the left on left  
19&20&      Step right forward into pivot ½ turn left - step weight forward onto left, step right forward - kick left forward

## BACK-TAP, STEP-KICK, PIVOT ½ TURN RIGHT-FORWARD, STEP-KICK

21&22&      Step left back - tap right toe to back, step right forward - kick left forward  
23&24&      Step left forward into pivot ½ turn right - step weight forward onto right, step left forward - kick right forward

## SIDE-ROCK, KICK-STEP (LEADING RIGHT, THEN LEFT)

25&26&      Rock right to side - rock weight onto left, kick right forward - step right beside left  
27&28&      Rock left to side - rock weight onto right, kick left forward - step left beside right

## SUGAR FOOT SWIVELS (MOVING RIGHT, THEN LEFT)

29&      Swivel left heel to the right while touching right toe beside left instep - swivel left toe to the right while touching right heel beside left instep  
30&      Swivel left heel to the right while touching right toe beside left instep - swivel left heel to center while sidestepping right

- 31& Swivel right heel to the left while touching left toe beside right instep - swivel right toe to the left while touching left heel beside left instep
- 32& Swivel right heel to the left while touching left toe beside right instep - swivel right heel to center while sidestepping left

## **REPEAT**

## **TAG**

**Following wall 2 (facing back) and wall 4 (facing home) add the following:**

- 33 (With arms, fingers and palms pointing down) cross arms at hip level while turning head to the left and twist both heels outwards
- 34 Splay arms to sides and downwards while turning head to the right to denote refusal and twist both heels inwards. (use 2 full beats)
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