

# Cheat

拍數: 32      牆數: 4      級數: Intermediate nightclub  
編舞者: Yu Sugawara (JP)  
音樂: Before He Cheats - Carrie Underwood



## **SWEEP, CROSS, SIDE, SWEEP, CROSS, ½ TURN, ROCK, RECOVER, NC2 LEFT BASIC**

- 1            Cross right in front of left foot while sweep left toward front
- 2&         Cross left in front of right foot, step right to right side
- 3            Cross left behind right foot while sweep right toward back
- 4&         Cross right behind left foot, make a ¼ turn left with step left forward
- 5            Make a ¼ turn left with step right to right side
- 6&         Rock left behind right, recover weight to right
- 7-8&      Large step left to left side, rock right behind left, recover weight to left

## **ROCK, ROCK, TURNING TRIPLE TWICE**

- 1-2         Rock right to right side, rock left to left side
- 3&4        Make a ¼ turn right with step right forward, make a ½ turn right with step left back, make a ¼ turn right with step right to right side
- 5-6        Rock left to left side, rock right to right side
- 7&8        Make a ¼ turn left with step left forward, make a ½ turn left with step right back, make a ¼ turn left with step left to left side

## **TOE STRUT, TOE STRUT, KICK BALL CROSS, ½ UNWIND, CROSS, ¼ TURN**

- 1-2         Touch right toe across left, drop right heel in place
- 3-4         Touch left toe to left side, drop left heel in place
- 5&6        Kick right, step right beside left, cross left in front of right
- &7         ½ unwind turn, cross right in front of left
- 8            Make a ¼ turn left with step left forward

## **PRESS, RECOVER, COASTER STEP, ½ TURN RIGHT, FULL TURN LEFT**

- 1-2         Press right forward, recover weight to left with point right foot in the air
- 3&4        Step right behind left, step left beside right, step right forward
- 5            Making a ½ turn right while bring left foot to right calf
- 6            Step left forward
- 7-8        Make a ½ turn left with step right back, make a ½ turn left with step left forward

## **REPEAT**

## **TAG**

### **At end of wall 2 (6:00 wall)**

- 1            Press right foot to right side (face, right knee, and right toe toward 9:00. But body face is 6:00)
- 2            Touch right beside left with face lowered to left
- 34         Hold (the right hand is shaken off three times on the side of the face toward outside.)

**Start the dance from the beginning**

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