Can't Touch This



編舞者: Edwin Cheow (MY)

音樂: U Can't Touch This - MC Hammer



KNEE ROLL OUT RIGHT, KNEE ROLL OUT LEFT, VINE RIGHT, 1/4 TURN RIGHT, STOMP

1-2	Knee roll out right to the right (right hands wipe forehead)
3-4	Knee roll out left to the left (left hand wipe forehead)

5-6 Step right to right, step left behind right

7-8 Step right to right with ¼ turn right, stomp left beside right

1/4 TURN RIGHT, BOUNCE FORWARD DOWN, BOUNCE UP, COASTER STEP, JUMP WITH 1/4 TURN LEFT, CLAP, CLAP

1-2	1/4 turn right and bounce forward twice leaning down (step right forward, keep toes in place and bounce your heel)
3-4	Bounce backward twice leaning back
5&6	Step right back, step left beside right, step right forward
7&8	Jump up with heels together ¼ turn left, clap twice

VINE RIGHT, LEAN BACK AND CLAP, VINE LEFT LEAN BACK AND CLAP

1-2	Step right to right, step left behind
3-4	Step right to right side, touch left beside right (lean right and snap fingers)
5-6	Step left to left side, step right behind left
7-8	Step left to left side, touch right beside left (lean left and snap fingers)

PYRAMID STYLE SHOOP RIGHT, 1/4 TURN RIGHT, LEFT SHUFFLE, KICK BALL CHANGE

1 110 111111111111111111111111111111111	LE CHOCH RICHT, 74 TOTATIACHT, LEFT CHOCK E, RICHT E, RIC
1-2	Step right to right, step left beside right (two hands thumbs up, right hands over shoulder level, left hand at shoulder level)
3-4	Step right to right, touch left beside right (two hands thumbs up, right hands over shoulder level, left hand at shoulder level)
5&6	1/4 turn right, step left to left, step right beside left, step left to left
7&8	Kick right forward, step right in place, step left beside right

REPEAT