

Car Wash

拍數: 32 牆數: 4 級數: Improver
編舞者: Junior Willis (USA)
音樂: Car Wash (feat. Missy Elliot) - Christina Aguilera



STEP, BEHIND, SHUFFLE ¼ TURN, BUMP FORWARD, BUMP BACK, SHUFFLE FORWARD

- 1-2 Step right out to right, step left behind right
- 3&4 Making a ¼ turn to the right, shuffle forward right-left-right (to 3:00 position)
- 5-6 Step left forward (bumping hips forward), rock back on right (bumping hips back)
- 7&8 Shuffle forward left-right-left

V-STEP (WITH ARM MOTIONS), JAZZ BOX ¼ TURN

- 1-2 Step right forward and diagonal (right arm up with hand in washing motion to the right), step left forward and diagonal (left arm up with hand in washing motion to the left)
- 3-4 Step right back to home (right arm down with hand in washing motion to the right), step left back to home (left arm down with hand in washing motion to the left)
- 5-6 Cross step right over left, step left foot in place
- 7-8 Making ¼ turn to right (to 6:00 position), step right out to right, step left next to left

KICK AND TOUCH, KICK AND TOUCH, WALK, WALK, WIPE FOREHEAD

- 1&2 Kick right forward, step right next to left, touch left out to left
- 3&4 Kick left forward, step left next to right, touch right out to right
- 5-6 Walk forward with right, walk forward with left
- 7-8 Place right hand on forehead in closed finger position, wipe fingers across forehead, flip wrist out to side while flipping fingers out to right (wiping sweat from your forehead)

STEP ¼ TURN, TOUCH, CROSS STEP, TOUCH, WALK, WALK, PUSH FORWARD, PULL

- 1-2 Step right forward while making a ¼ turn to right (to 9:00 position), touch left out to left
- 3-4 Cross step left over right, touch right out to right
- 5-6 Walk back with right, walk back with left (ending with left next to right)
- 7-8 Push hands forward in open position while leaning back on both heels, pull hands back down to sides while stepping back down on both feet (ending with weight favoring the left foot)

REPEAT
