Bull's-Eye Perfect



拍數: 0 牆數: 1 級數: Improver

編舞者: Lana Harvey (USA)

音樂: Right On the Money - Alan Jackson



Sequence: AAAB C AAB AAAB AB AAA to end.

PART A. 32 COUNT BASIC DANCE

STEP, KICK, CROSS, KICK

1-2 Step right to right. Kick left forward at 45 angle to right side.

3-4 Cross left over right, weight on it. Kick right forward at 45 angle to right side.

5-8 Repeat 1-4

Body will be angled 45 right and you will move to the right on 1-8

SHUFFLE BACK, BACK STEP, CLAP, SHUFFLE BACK, ROCK BACK, RECOVER

9&10 Making ¼ turn to right (facing original 3:00 wall) shuffle back right-left-right.

11-12 Step back left, weight on it. Clap.13&14 Shuffle back right-left-right.

15-16 Rock back on left. Rock weight forward to right.

SHUFFLE, FORWARD FULL TURN, SHUFFLE, 1/2 PIVOT RIGHT

17&18 Shuffle forward left-right-left

19-20 Making ½ pivot to left, step back on right. Making ½ pivot to left, step forward on left.

21&22 Shuffle forward right-left-right

23-24 Put left toe forward and pivot ½ turn on ball of right. Shift weight to right.

BALL SHUFFLE, CROSS SIDE BALL CHANGES

&25&26 Step on ball of left just behind right. Shuffle forward right-left-right

27 Cross left over right, weight on it, upper body leaning left.

&28 Step on ball of right out to right side lifting left slightly. Step on left in place

29 Cross right over left, weight on it, upper body leaning right.

Step on ball of left out to left side lifting right slightly. Step on right in place.

Cross left over right 1/8 turn to right, weight on it, upper body leaning left.

& Step on ball of right out to right side lifting left slightly.

32 Step on left in place making 1/8 turn to right.

You have completed 1/4 right. Straighten body upright.

You will move forward on 25-30.

PART B. BONUS ROCKS

To pattern to "Right On The Money", at the end of each chorus add 4 rocks: right-left-right-left right after the words "Bull's-eye perfect, she's.."

PART C. NEW 16 COUNT PATTERN

There is one 16 count instrumental after the first chorus. After the rocks this one time only:

1-15 Do the first 15 steps of the dance. Hold on count 16.

If you are not coming back to starting place each pattern, do larger back shuffles (9-16) and do a smaller forward full turn (19-20).