

編舞者	: 32
1&2-3&4 5&6-7&8	Rock right to right side rock back to center on left rock right over left Rock forward on right back on left step right foot forward while turning a ½ turn by right shoulder (step and turn over right)shuffle forward left, right, left
1&2-3&4 5&6-7&8&	Rock right to right side rock back to center on left rock right over left Rock forward on right back on left step right foot forward while turning a ½ turn by right shoulder (step and turn over right, cross left over right, step right to right side, step left behind right, step right to right side)
1-2-3-4 5&6-7-8	Rock weight back onto left sway heaps right, left, right Step left to left side step right behind left, step left to left side, sway heaps right, left
1-2-3-4	Step right foot forward pivot a ¼ turn by left shoulder, step left foot forward turn another ¼ turn by left shoulder (facing front) (change of weight)
5-6-7-8	Step left foot forward pivot a $\frac{1}{4}$ turn by right shoulder, step right foot forward pivot a $\frac{1}{2}$ turn by left shoulder (keep weight on left foot ready to restart)
REPEAT	

TAG

On 3rd wall after 16 beats (step left in front of right, right to right side and left behind right with weight on left ready to restart) restart the dance.