

Busted!

拍數: 32 牆數: 4 級數: Improver
編舞者: DJ Dan (NL) & Wynette Miller (NL)
音樂: My Give a Damn's Busted - Jo Dee Messina



WALK, WALK, HEEL SWITCHES; STEP, ½ PIVOT TURN, SHUFFLE FORWARD

1-2 Step right forward step left forward
3& Touch right heel forward, step right next to left
4& Touch left heel forward, step left next to right
5-6 Step right forward, pivot ½ turn left (6:00)
7&8 Shuffle forward stepping right, left, right

KICK FORWARD AND DIAGONAL, & CROSS, & CROSS; SIDE ROCK, ¼ TURN COASTER STEP

1-2 Kick left forward, kick left to left diagonal
&3 Step on ball of left to left side and slightly back, cross right over left
&4 Step on ball of left to left side and slightly back, cross right over left
5-6 Rock left to left side, recover weight onto right
7&8 Make ¼ turn left step left back, step right next to left, step left forward (3:00)

HIP ROLL, SHUFFLE FORWARD; RIGHT AND LEFT

1-2 Touch right toe diagonally right forward roll hips to the right in 2 counts (weight remains on left)
3&4 Shuffle forward stepping right, left, right
5-6 Touch left toe diagonally left forward roll hips to the left in 2 counts (weight remains on right)
7&8 Shuffle forward left, right, left

ROCK STEP FORWARD, SHUFFLE BACK; SLIDE BACK LEFT/RIGHT, COASTER STEP

1-2 Rock right forward, recover weight onto left
3&4 Shuffle back stepping right, left, right
5-6 Slide and step left back, slide and step right back
7&8 Step left back, step right next to left, step left forward

REPEAT
