Butterfly

級數: Intermediate



拍數: 64

編舞者: Jolene Pearly Vun (MY)

音樂: Butterfly - Smile.Dk

Specially dedicated to Irene Tan, Lilee, See See and all the "Beautiful Butterflies" from the Equaline.

INTRO

Dance twice. Start the dance with intro, and once before the 2nd wall.

牆數:4

HIP BUMPS TO RIGHT, HIP BUMPS TO LEFT

- 1-2 Hip bumps to the right twice (weight on right)
- 3-4 Hip bumps to the right twice (weight on right)
- 5-6 Hip bumps to the left twice (weight on left)
- 7-8 Hip bumps to the left twice (weight on left)

Arm movement

- 1-4 Using right hand, knuckles facing towards face at eye level moving arm to right
- 5-8 Using left hand, knuckles facing towards face at eye level moving arm to left

RIGHT STEP POINT, LEFT STEP POINT, STEP BACK POINT FORWARD, STEP FORWARD POINT BACKWARD

- 9-10 Step right to right, point left beside right (arms swaying right and snap fingers)
- 11-12 Step left to left, point right beside left (arms swaying left and snap fingers)
- 13-14 Step right backward, point left toe forward (arms swaying slightly backward and snap fingers)
- 15-16 Step left forward, point right toe backward (arms swaying slightly forward and snap fingers)

THE MAIN DANCE

STEP, HEEL, STEP, HEEL, VINE WITH HEEL TOUCH

- 1-2 Step right to right, touch left heel diagonally forward
- 3-4 Step left to left, touch right heel diagonally forward
- 5-6 Step right to right, step left behind right
- 7-8 Step right to right, touch left heel diagonally forward

STEP, POINT, STEP, POINT, VINE WITH ¼ TURN LEFT & SCUFF

- 1-2 Step left to left, point right beside left
- 3-4 Step right to right, point left beside right
- 5-6 Step left to left, step right behind left
- 7-8 Step left to left and make a 1/4 turn left, scuff right forward

STEP FORWARD, STEP BACK, SHUFFLE FORWARD (TWICE)

- 1-2 Step right forward, step back on left
- 3-4 Shuffle forward (right, left, right)
- 5-6 Step left forward, step back on right
- 7-8 Shuffle forward (left, right, left)

MONTEREY ½ TURN RIGHT (TWICE)

- 1-2 Point right to right, on ball of left make 1/2 turn right, step right beside left
- 3-4 Touch left to left side, step left beside right
- 5-6 Point right to right, on ball of left make 1/2 turn right, step right beside left
- 7-8 Touch left to left side, step left beside right

BUTTERFLY STEPS WITH ARMS MOVEMENT POINT, STEP (4 TIMES)

- Point right in front of left and hold (weight on left) 1-2

Both arms upward (V shape) and press down the palms. (facing diagonally left)&3-4Step right beside left, point left in front of right and hold (weight on right)Both arms straight down, and press both palms inside out. (facing diagonally right)&5-6Point right in front of left and hold (weight on left)Both arms upward (V shape) and press down the palms. (facing diagonally left)&7-8Step right beside left, point left in front of right and hold (weight on right)Both arms straight down, and press both palms inside out. (facing diagonally left)&7-8Step right beside left, point left in front of right and hold (weight on right)Both arms straight down, and press both palms inside out. (facing diagonally right)

SIDE ROCK, CROSS SHUFFLE, PIVOT ½ TURN, STEP AND KICK

- 1-2 Rock right to right, recover on left
- 3&4 Cross right over left, step left to left, cross right over left
- 5-6 Step left forward and make a ¹/₂ turn right, step forward on right
- 7-8 Step left beside right, kick right forward

POINT, STEP (4 TIMES)

- 1-2 Point right in front of left and hold (weight on left)
- Both arms upward (V shape) and press down the palms. (facing diagonally left)
- &3-4 Step right beside left, point left in front of right and hold (weight on right)
- Both arms straight down, and press both palms inside out. (facing diagonally right)
- &5-6 Point right in front of left and hold (weight on left)

Both arms upward (V shape) and press down the palms. (facing diagonally left)

&7-8 Step right beside left, point left in front of right and hold (weight on right)

Both arms straight down, and press both palms inside out. (facing diagonally right)

SIDE ROCK, CROSS SHUFFLE, PIVOT ½ TURN, STEP AND KICK

- 1-2 Rock right to right, recover on left
- 3&4 Cross right over left, step left to left, cross right over left
- 5-6 Step left forward and make a ½ turn right, step forward on right
- 7-8 Step left beside right, kick right forward

REPEAT