C'mon Everybody



拍數: 32 牆數: 4 級數: Improver

編舞者: Kathy Hunyadi (USA) & Kevin S. Ward (USA) 音樂: Everybody - Tanel Padar, Dave Benton & 2XL



Choreographed 1/02 at Dance Fiesta 2002 in Cancun, Mexico

Dance starts when they start singing!

CHUGS X 4 INTO ½ TURN LEFT, BACK, BACK, COASTER STEP

With weight on left foot lift right knee, turning 1/8 to left on left touch right toe to side
Repeat 3 times more turning 1/8 to left each time to complete ½ turn (now facing 6:00)

Optional arm styling: raise right arm above head with fist clenched as if twirling a lasso, or put both arms up

and make small circles in air

5-6 Step back on right foot (slightly behind left), step back on left foot (slightly behind right)
7&8 Step back on right, step left beside right, step forward on right

STEP LEFT, 'FUNKY' ARMS WITH HEAD MOVES, VINE RIGHT, TOUCH

Step left foot to side and at same time raise right arm up shoulder height straight out in front, palm turned to left

2 Raise left arm up, shoulder height and out to left side, palm facing forward and look to left 3 Bring left arm in to meet right, (you can clap hands here), head follows left arm to now look

straight ahead

4 Right arm moves out towards right side, still at shoulder height, head looks right, palm facing

forward

5 Left arm continues across body as left hand now comes up to right side of face with back of

hand resting on right cheek (weight should still be on left foot) and at same time step right

foot to side (starting vine)

6-7-8 Step left behind right, step right to side, touch left toe beside right foot

ARM SWINGS, TOE TOUCHES, HIP BUMPS, KNEE ROLLS (WHEW!)

Bring both arms down and across body (palms facing in) towards left side and point left toe to

left

2 Bring both arms down and across body (palms facing in) towards right side and touch left toe

beside right foot

3&4 Step left foot to side bumping left hip left, bump right hip right, bump left hip left and at same

time swing both arms left, right, left to follow the hip bumps (feet will be slightly apart)

5-6 With weight on left foot, roll right knee to the right 2 times ending with weight on right foot

("roll, step")

7-8 With weight on right foot, roll left knee counter to the right 2 times ending with weight on left

foot ("roll, step")

HEEL BOUNCES, ¼ TURN RIGHT, RIGHT SHUFFLE, ROCK ½ TURN LEFT, LEFT SHUFFLE

&1 Lift both heels off floor, turn body 1/8 to right and place both heels on floor

Lift both heels off floor, turn body 1/8 to right and place both heels on floor (weight is on left)

Optional styling: shrug shoulders as you do heel bounces and be sure your knees are bent

3&4 Shuffle forward right, left, right

5-6 Rock forward on left, recover weight to right as you turn ½ to left

7&8 Shuffle forward left, right, left

REPEAT

And thanks to Rena for her help!