C'mon In



拍數: 32 編數: 2 級數: Intermediate

編舞者: Leslie Moore (USA) 音樂: Cold Outside - Big House



Begin with your back to the "front wall," feet hip distance apart

1-2	Bend right knee in, looking over your left shoulder; hold one beat
3-4	Straightening right knee, bend left knee inward, looking over right shoulder; hold one beat
5-8	Straightening left knee, circle hips once to the left (to the left) for four beats
&1	Picking up right foot, spin ½ to right on ball of left foot, land with right foot hip distance apart from left
2	Hold one beat
3-4	Lift/drop heels twice
&5	Step left foot next to right, step right foot to right side
6	Hold and snap fingers
&7	Step left foot next to right, step right foot to right side
8	Hold and snap fingers
1	Rock left across right, angling body ¼ to right
2	Recover back on right, return to center angle
3&4	Shuffle left-right-left to turn ¼ to left
5-6	Step forward right, slightly across left (5); snap fingers (6)
7-8	Step forward left, slightly across right (&); snap fingers (8)
1-2	Rock forward on right foot; recover back on left
3	Long step backward on right foot
4	Slide left foot back to right
5&6	Step left behind right, small step to right to turn 1/4 to right, step left to left side
7-8	Lift right knee across body; step down with right hip distance from left

REPEAT