

Cajun Shuffle Walk

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Pam Dailey (USA)
音樂: Let's Walk Away in Love - Jim Yeomans



STEP, STEP, LEFT COASTER, STEP ½ TURN, RIGHT COASTER

- 1-2-3&4 Walk forward on left then right back on left then back on right then forward on left (left coaster step)
- 5-6-7&8 Step forward on right and turning ½ turn to left shifting weight to left, step back on right, together on left, forward on right (right coaster)

REPEAT FIRST 8 COUNTS

- 1-2-3&4 Walk forward on left then right back on left then back on right then forward on left (left coaster step)
- 5-6-7&8 Step forward on right and turning ½ turn to left shifting weight to left, step back on right, together on left, forward on right (right coaster)

BASIC MAMBO, FORWARD, BACK, AND SIDE TO SIDE

- 1&2-3&4 Rock forward on left, step on right in place, bring left back beside right, rock back on right, forward on left, bring right beside left
- 5&6-7&8 Step to left side on left, step in place on right, bring left back next to right, step to right side on right, step right in place, bring right back next to left.

SIDE SHUFFLES LEFT, RIGHT LEFT ON ANGLE THEN RIGHT WITH ¼ TURN RIGHT

- 1&2 Turn body 1/8 of a turn to left step left to left then right then left (left side shuffle)
- 3&4 Do right side shuffle (right left right) turning body 1/8 of a turn from center to right
- 5&6 Repeat 1&2
- 7&8 Repeat 3&4 but with a ¼ turn to right

RIGHT AND LEFT MAMBO TURN BASIC MAMBO FORWARD AND BACK

- 1&2 Step forward on left tuning to right, step on right, bring left up beside right
- 3&4 Step forward on right turning to left. Step on left, bring right up beside
- 5&6 Rock forward on left, step in place on right, bring left beside right
- 7&8 Rock back on right, step in place on left, bring right beside left

REPEAT
