Cajun Spice

拍數: 48

이 개폐

編舞者: Joe White (USA)

音樂: Evangeline - Chad Brock

TOE TOUCHES, SAILOR SHUFFLES WITH ¼ TURN

- 1-2 Touch right toe in front, touch right toe to right side
- 3&4 Cross right behind left, step left in place, step right in place (as you turn ¼ right)

LEFT ROCK STEP, LEFT SHUFFLE, RIGHT ROCK STEP LEFT SHUFFLE

- 1-2 Rock forward left, rock back right
- 3&4 Shuffle in place left-right-left
- 5-6 Rock back right, forward left
- 7&8 Shuffle right-left-right in place

WALK LEFT-RIGHT-LEFT, TOUCH RIGHT WITH ½ TURN TO RIGHT

- 1 Step left as you begin a ¹/₂ turn to right
- 2 Step back right as you complete turn
- 3 Step back left
- 4 Touch right toe home

TOE TOUCHES AND CROSS

- 1-2 Touch right toe to right side, cross right over left
- 3-4 Touch left toe to left side, cross left over right

TOE TOUCHES, SAILOR SHUFFLES WITH ¾ TURN

- 1-2 Touch right toe in front, touch right toe to right side
- 3&4 Cross right behind left, step left in place, step right in place (as you turn ³/₄ right)

Make sure weight is on right

SIDE SHUFFLES & ROCK STEP, SIDE SHUFFLES & ROCK STEP

- 1-2 Step left to left, step right to left, step left to left
- 3-4 Rock back right, rock forward left
- 5-6 Step right to right, step left to right, step right to right
- 7-8 Rock back left, rock forward right

HEEL TOE WALKS

- 1-2 Present left heel to left side, clap
- 3-4 Step left in place as touch right toe next to left foot, clap
- & Step back right
- 5-6 Present left heel to left side, clap
- 7-8 Step left in place as touch right toe next to left foot, clap

STEP & PIVOT

- 1-2 Step forward right, turn ½ to left
- 3-4 Step forward right turn ¼ to left (you are now at your "back" wall)

SAILOR SHUFFLE

- 1&2 Cross right behind left, step in place left, right
- 3&4 Cross left behind right, step in place right, left

REPEAT



級數:

牆數:4