

B.R. Boogie

拍數: 48 牆數: 4 級數:
編舞者: "Julia" Jackson (UK)
音樂: Cherokee Boogie - BR5-49



RIGHT HEEL & STEP, LEFT TOE & STEP

- 1 Touch right heel to the front
- 2 Step right foot in place
- 3 Touch left toe to the back
- 4 Step left foot in place

SWIVEL TO THE LEFT & CLAP

- 5 Leaving weight on balls of both feet, swivel both heels to the left
- 6 Leaving weight on heels of both feet, swivel both toes to the left
- 7 Leaving weight on balls of both feet, swivel both heels to the left (placing weight on to left foot)
- 8 Clap hands once

TWO STRUTS TO THE RIGHT, STEP RIGHT & TOUCH, STEP LEFT & TOUCH

Whilst turning body slightly to the right and pointing right toe to the right

- 9 Place right heel on the floor
- 10 Slap right toe to the floor

Whilst returning body to original facing position and pointing left toe to the front

- 11 Place left heel on the floor slightly in front of right foot
- 12 Slap left toe to the floor
- 13 Step to side on right foot
- 14 Touch left foot in place
- 15 Step to side on left foot
- 16 Touch right foot in place

THREE STRUTS FORWARD, TWO STEPS BACK

- 17 Place right heel forward
- 18 Slap right toe to the floor
- 19 Place left heel forward
- 20 Slap left toe to the floor
- 21 Place right heel forward
- 22 Slap right toe to the floor
- 23 Step back on left foot
- 24 Step right foot in place beside left foot

THREE STRUTS FORWARD, TWO STEPS BACK

- 25 Place left heel forward
- 26 Slap left toe to the floor
- 27 Place right heel forward
- 28 Slap right toe to the floor
- 29 Place left heel forward
- 30 Slap left toe to the floor
- 31 Step back on right foot
- 32 Step left foot in place beside right foot

SIDE, CLOSE, SIDE, TOUCH TO THE RIGHT

- 33 Step to side on right foot
- 34 Close left foot to right foot
- 35 Step to side on right foot
- 36 Touch left foot in place beside right foot

SIDE, CLOSE, SIDE, SCUFF & TURN LEFT

- 37 Step to side on left foot
- 38 Close right foot to left foot
- 39 Step to side on left foot and at the same time turn $\frac{1}{4}$ left
- 40 Scuff right foot

A 6-COUNT PADDLE TURN ($\frac{1}{2}$ TURN), TWO STEPS IN PLACE

- 41 Point right toe forward and use to propel yourself to the left
- 42 Pivot on the ball of left foot about a sixth of a turn
- 43 Point right toe again (this time forward but about 45 degrees to the right)
- 44 Pivot on left foot again
- 45 Point right toe at 45 degrees again
- 46 Pivot on left foot for the last time

These 3 turns should complete a half turn to the Left

- 47 Step right foot beside left foot
- 48 Step left foot in place

REPEAT
