Brought It To Action



拍數: 48 牆數: 4 級數: Intermediate

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音樂: Just Like New - Wynonna



SIDE JUMP, SNAP, SIDE JUMP, SNAP

8	k1	Take a step to the ri	aht with vour riaht i	foot, place left t	foot next to right

2 Snap your fingers

&3 Take a step to the right with your right foot, place left foot next to right

4 Snap your fingers

HIP BUMPS WITH SWIVELS, 1/4 TURN TO THE LEFT

1	Turn right hip to the right, swivel heels to the right
2	Turn left hip to the left, swivel heels to the left
3	Turn right hip to the right, swivel heels to the right
&	Turn left hip to the left, swivel heels to the left
4	Turn right hip to the right, make a ¼ turn to the left

34 TURN

1 Step forward on le

2 Make a ¼ turn to the left, take a step to the side with your right foot 3 Make a ½ turn to the left on your right foot, step left foot next to right

Touch right foot next to left

KICKBALL TOUCH, & BUTT & CHEST

1	Kick right foot forward	
&	Step right foot next to left	

2 Place ball of left foot forward, weight on right leg

&3 Push your hips forward (&), bend your knees (sit down), buttocks back

Push your hips forward (&), straighten your legs, push your chest forward and buttocks back

Keep your feet in the same position during all 4 counts

HEEL JACKS, TOUCH, SNAP

&1	Take a step back on left, cross right over left
&	Take a step back on left

2 Touch right heel diagonally forward to the right (body's facing diagonal)

&3 Take a step back on right, cross left over right

& Take a step back on right

4 Touch left heel diagonally forward to the left (body's facing diagonal)

&5 Take a step back on left, cross right over left

Take a step back on left &

6 Touch right heel diagonally forward to the right (body's facing diagonal)

& Step right foot next to left 7 Touch left foot next to right

Snap your fingers

Body is turned diagonally to the right for 7&8

DIAGONAL LEFT SHUFFLE, 3/8 TURN, RIGHT SHUFFLE, CROSS, 3/4 TURN

1&2 Take a step forward on left, step right next to left, take a step forward on left

3 Take a step (diagonally) forward on right

4 Make a 3/8 turn to the left

7	Cross left over right				
8	Make a ¾ turn to the right, (weight on right leg)				
UP AND DOWN	N DI IMPO				
1	Step left diagonally forward and bump hip up to left side (weight on right)				
&	Bump right hip to the right side				
2	Bend knees slightly and bump hip down to left side (transfer weight into left)				
•	raw a > in the air				
3	Step right diagonally forward and bump hip up to right side (weight on left)				
&	Bump left hip to the left side				
4	Bend knees slightly and bump hip down to right side (keep weight on left)				
Your hips will di	Your hips will draw a < in the air				
MASHED POTATO STEPS					
1	Step back on right bringing heels in (3rd position)				
&	Spread heels apart				
2	Step back on left bringing heels in (3rd position)				
&	Spread heels apart				
3	Step back on right bringing heels in (3rd position)				
&	Spread heels apart				
4	Step back on left bringing heels in (3rd position)				
THE CROSS					
1	Right toe to right side				
&2	Step right next to left, touch left toe to left side				
&3	Step left next to right, touch right heel forward				
4	Step right next to left, touch left toe back				
FORWARD, 1/4 TURN, TOGETHER, CLAP					
1	Take a step forward on left				
2	Make a ¼ turn to the right				

Take a step forward on right, step left next to right, take a step forward on right

REPEAT

Step left next to right

Clap

3

4

5&6