Buckles & Boots

拍數: 48

級數: Beginner

編舞者: Tracy Stride (UK), Ray Cadden (UK) & Liz Cartwright (UK)

音樂: Shalala Lala - Vengaboys

CROSS ROCK TRIPLE IN PLACE

- 1-2-3&4 Cross right over left, rock back on left, triple in place right, left, right
- 5-6-7&8 Cross left over right, rock back on right, triple in place left, right, left

SHUFFLE FORWARD RIGHT & LEFT, STEP ½ PIVOT, STOMP STOMP

- 1&2 Step right foot forward, bring left foot to right, step right forward
- 3&4 Step left foot forward, bring right foot to left, step left forward
- 5-8 Step right foot forward, pivot on balls of both feet ½ turn over left shoulder. Stomp right in place, stomp left beside right

SWIVEL TO THE RIGHT CLAP, SWIVEL TO THE LEFT CLAP

- 1-4 Swivel heels to right, swivel toes to right, swivel heels to right, clap hands
- 5-8 Swivel heels to left, swivel toes to left, swivel heels to left, clap hands

VINE TO RIGHT & LEFT WITH A KICK AND FINGER CLICKS

- 1-4 Step right to right side, step left behind right, step right to right side, kick left foot across front of right, click fingers on both hands
- 5-8 Repeat above to left

SHIMMY TO RIGHT WITH CLAP, SCISSOR STEP HOLD

- 1-4 Big step to right with right foot, slide left foot to right over 2 beats while shimmying shoulders, clap hands
- 5-8 Step left to left side, slide right foot and step beside left foot, cross left over right, hold for 1 beat

4 PADDLE TURNS TO LEFT TO COMPLETE FULL TURN

1-8 Step right forward, push round ¼ to left. Repeat 3 more times to complete full turn

REPEAT





牆數:2

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