Boogie Back To Texas

拍數: 96

牆數:4

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編舞者: Jackie Grange

音樂: Boogie Back to Texas - Asleep at the Wheel

4 HEEL STRUTS FORWARD (HEEL, TOE, HEEL, TOE, HEEL, TOE, HEEL, TOE)

- 1-2 Step forward on right heel, slap right toes down
- 3-4 Step forward on left heel, slap left toes down
- 5-6 Step forward on right heel, slap right toes down
- 7-8 Step forward on left heel, slap left toes down

RIGHT SIDE TOGETHERS (RIGHT, STEP, RIGHT, STEP, RIGHT, STEP, RIGHT, TOUCH)

- 1-2 Right step to the side (right), left step next to right
- 3-4 Right step to the side (right), left step next to right
- 5-6 Right step to the side (right), left step next to right
- 7-8 Right step to the side (right), left touch next to right

4 TOE STRUTS BACKWARDS (TOE, HEEL, TOE, HEEL, TOE, HEEL, TOE, HEEL)

- 1-2 Step back on left toes, step left heel down
- 3-4 Step back on right toes, step right heel down
- 5-6 Step back on left toes, step left heel down
- 7-8 Step back on right toes, step right heel down

LEFT SIDE TOGETHERS WITH ¼ TURN (LEFT, STEP, LEFT, STEP, LEFT, STEP, TURN, BRUSH)

- 1-2 Step left to the side (left), step right next to left
- 3-4 Step left to the side (left), step right next to left
- 5-6 Step left to the side (left), step right next to left
- 7-8 Step left to the side, turning ¼ left, brush right foot forward

FULL PADDLE TURN TO RIGHT (STEP, PIVOT, STEP, PIVOT, STEP, PIVOT, STEP, PIVOT)

- 1-2 Step forward on right toes, turn ¼ left and change weight to left
- 3-4 Step forward on right toes, turn ¼ left and change weight to left
- 5-6 Step forward on right toes, turn ¼ left and change weight to left
- 7-8 Step forward on right toes, turn ¼ left and change weight to left

TOUCH, HOLD, FORWARD, HOLD, BACK, HOLD, FORWARD, HOLD

- 1-2 Touch right heel forward, hold
- 3-4 Rock forward, hold
- 5-6 Rock back, hold
- 7-8 Rock forward, hold

BACK, FORWARD, BACK, FORWARD, CROSS, BACK, SIDE, TOUCH

- 1-2 Left rock back, right rock forward
- 3-4 Left rock back, right rock forward
- 5-6 Left cross in front of right and step, right step back
- 7-8 Left step to side, right touch next to left

TRIPLE STEP, PUMP, PUMP, ROCK, STEP, STOMP, STOMP

- 1&2 Right step to the side (right), left slide next to left, right step to the side
- 3-4 Left pump foot down towards floor, left pump again
- 5-6 Left rock back behind right, right rock forward





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7-8 Left stomp next to right, left stomp next to right

TRIPLE STEP, PUMP, PUMP, ROCK, STEP, STOMP, STOMP

- 1&2 Left step to the side (left), right slide next to right, left step to the side
- 3-4 Right pump foot down towards floor, right pump again
- 5-6 Right rock back behind right, left rock forward
- 7-8 Right stomp next to left, right stomp next to left

HIP, HIP, HIP, HIP, SHIMMY, SHIMMY, SHIMMY, SHIMMY

- 1-4 Right step forward and bump hips forward twice, bump hips back to left twice
- 5-6 Shimmy shoulders forward
- 7-8 Shimmy shoulders back (weight on left)

TRIPLE STEP, ROCK, STEP, TRIPLE STEP, ROCK, STEP

- 1&2 Right step to the side (right), left slide next to right, right step to the side (right)
- 3-4 Left rock back behind right, right rock forward
- 5&6 Left step to the side (left), right slide next to left, left step to the side (left)
- 7-8 Right rock back behind left, left rock forward

TRIPLE STEP, PUMP, PUMP, TRIPLE STEP, PUMP, PUMP

- 1&2 Right step to the side (right), left slide next to right, right step to the side (right)
- 3-4 Left pump foot down towards floor, left pump again
- 5&6 Left step to the side (left), right slide next to left, left step to the side (left)
- 7-8 Right pump foot down towards floor, right pump again

REPEAT

When dancing to "Boogie Back To Texas", at the end, turn 1 ¼ turns right to face original wall, throw arms up and shout, "Boogie!"