

Bottom Of My Heart

COPPER KNOB
STEPSHEETS

拍數: 36 牆數: 2 級數: Improver
編舞者: Glynn Holt (UK)
音樂: Bottom Of My Heart - Ethan Allen



SIDE CHASSE, ROCK, SIDE CHASSE ¼, STEP PIVOT ½ TURN

1&2 Step right to side, close left beside right, step right to right side
3-4 Rock back on left foot, recover onto right foot
5&6 Step left to side, close right beside left, step left ¼ turn left
7-8 Step forward on right foot, pivot ½ turn over left shoulder

FORWARD SHUFFLE, TOE-TOUCHES WITH CROSS, HOLD

1&2 Step forward on right, close left beside left, step forward on right
3-4 Touch left toe to side, cross left foot over right
5-6 Touch right toe to side, cross right foot over left
7-8 Touch left toe to side, hold (putting weight onto left foot)

SAILOR STEP, ROCK AND TRIPLE ½ TURN, TOUCH, TURN

1&2 Right sailor step (behind, side, step)
3-4 Rock forward onto left foot, recover onto right foot
5&6 Left triple step (left, right, left) making ½ turn to left
7-8 Point right toe to side, step right beside left as you make ¼ turn to right over right shoulder

TOUCH, TOGETHER, TOUCH, TURN, TOUCH, TOGETHER, HEEL SWITCH

1-2 Touch left toe to side, step left foot beside right
3-4 Point right toe to side, step right beside left as you make ¼ turn to right over right shoulder
5-6 Touch left toe to side, step left foot beside right
7&8 Touch right heel forward, switch and touch left heel forward

SWITCH STEP WITH A JAZZ BOX ¼ TURN TO RIGHT

&1 Step left beside right, cross right over left
2 Step back on left foot
3 Step right foot ¼ turn to right
4 Step left foot beside right

REPEAT
