

Black Horse

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kate Sala (UK)
音樂: Black Horse And The Cherry Tree - KT Tunstall



FORWARD LOCK STEP, WALK TWICE, SIDE ROCK WITH TURN ¼ & CROSS & CROSS & CROSS

1&2 Step left forward, lock right behind left, step left forward
3-4 Step right forward, step left forward
5&6 Step right to side, turn ¼ left and step left in place, cross right over left
&7&8 Step left to side, cross right over left, step left to side, cross right over left

SIDE TOUCH, HEEL DIG, HITCH, HEEL DIG, SIDE TOUCH, PIVOT ¼ LEFT, LEFT COASTER STEP

1&2 Side/touch left toe to side, step left together, touch right heel forward
&3&4 Step right together, hitch left knee, step left together, touch right heel forward
&5-6 Step right together, touch left to side, turn ¼ left (weight to right)
7&8 Step left back, step right together, step left forward

FORWARD ROCK WITH TURN ¼ RIGHT, CROSS TURN ½ LEFT, CROSS KICK, STEP FEET APART, TOUCH BALL CROSS

1&2 Rock right forward, recover to left, turn ¼ right and step right to side
3&4 Cross left over right, turn ¼ left and step right back, turn ¼ left and step left to side
5&6 Kick right over left, step right in place, step left to side
7&8 Touch right toe together, step right in place (ball of foot), cross left over right

TURN ¼ LEFT, BACK STEP, FORWARD TOUCH, KNEE POP, HEEL DIG & SWEEP TURN ¼ RIGHT, HIP BUMPS

1&2 Turn ¼ left and step right back, step left back, touch right toe forward
&3&4 Step right together, bend left knee forward, step left in place, touch right heel forward
&5-6 Step right together, sweep left back to side, turn ¼ right and touch left together
7-8 Bump hips left, bump hips left

REPEAT

RESTART

During the 3rd wall, facing 9:00, leave out the last 2 counts (hip bumps). Restart after the sweep TURN ¼ from the beginning of the dance

During the 7th wall restart the dance after the first 6 counts of section 1. You will restart after 'side rock with TURN ¼ left & cross' facing 3:00