

Blackbird

拍數: 0 牆數: 0 級數:
編舞者: Susanne Harrison (CAN) & Zandra McCallum (CAN)
音樂: Down Came a Blackbird - Lila McCann



Sequence: AAA BB AA B AAA BB A

SECTION A

OUT-OUT, HOLD, IN, CROSS, UNWIND

- &1-2 Step out to right with right foot, step out to left with left foot, hold & clap, weight on right foot
&3-4 Step in with left foot, cross right foot over left foot, unwind ½ turn to left, finishing with weight on left foot

HEEL JACK, HEEL JACK ¼ TURN

- &5-6 Step right foot across left foot, step left foot slightly back to left, present right heel to right (45 degrees) corner
&7&8 Step down on right foot, cross left foot behind right foot, step down on right foot starting ¼ turn to left, present left heel forward finishing turn

TOE, HEEL, TOUCH-KICK, STEP-KICK, COASTER STEP

- &1-2 (Dwight) shift weight onto left foot, touch right toe to left instep, touch right heel to left instep
3-4 Touch (or tap) right toe back, kick right foot forward
5-6 Step down on right foot, kick left foot forward
7&8 Cross left foot over right foot (coming back slightly), step down on the ball of right foot, step together onto left foot

SLAP LEATHER, SAILOR SHUFFLE, SAILOR TOUCH (RIGHT & LEFT)

- 1-4 Point right toe front, point right toe to right side, kick right foot up behind left leg while slapping foot with left hand, touch right toe to right side
5&6 Step right foot behind left foot, step ball of left foot to left, step right foot beside left foot
7&8 Step left foot behind right foot, step ball of right foot to right, touch left toe beside right foot
1-4 Point left toe front, point left toe to left side, kick left foot up behind right leg while slapping foot with right hand, touch left toe to left side
5&6 Step left foot behind right foot, step ball of right foot to right, step left foot beside right foot
7&8 Step right foot behind left foot, step ball of left foot to left, touch right toe beside left foot

SECTION B

TOE, TOE, HEEL, HEEL, KICK, KICK, COASTER STEP (LEFT LEAD)

- &1&2 Hop weight onto right foot, touch left toe to right instep, hop weight onto left foot, touch right toe to left instep
&3&4 Hop weight onto right foot, touch left heel forward, hop weight onto left foot, touch right heel forward
&5-6 Hop weight onto right foot, kick left foot forward 2x
7&8 Step back on left foot, step back onto ball of right foot, step forward onto left foot

TOE, TOE, HEEL, HEEL, KICK, KICK, COASTER STEP (RIGHT LEAD)

- &1-8 Repeat above sequence starting with hop onto left foot

Option: On "BB" pattern, turn ¼ left each part of sequence completing full turn in 4 parts