# Bling Bling Cowboy

拍數: 32　　　　牆數: 4　　　　級數:

編舞者: Joyce Warren (USA)

音樂: Save a Horse (Ride a Cowboy) - Big & Rich

## RIGHT ELECTRIC STOMP - LEFT SIDE SHUFFLE, ROCK, STEP

| 1& | Step forward on right foot, step in place on left foot |
|---|---|
| 2& | Step back on right foot, step in place on left foot |
| 3&4 | Step forward on right foot, step in place on left foot, stomp right foot next to left foot |
| 5&6 | (Side shuffle) step left on left foot, step right foot next to left foot, step left on left foot |
| 7-8 | Rock behind left foot on right foot, step in place on left foot |

## RIGHT SIDE SHUFFLE, ROCK, STEP - LEFT ELECTRIC STOMP

| 9&10 | (Side shuffle) step right on right foot, step left foot next to right foot, step right on right foot |
|---|---|
| 11-12 | Rock behind right foot on left foot, step in place on right foot |
| 13& | Step forward on left foot, step in place on right foot |
| 14& | Step back on left foot, step in place on right foot |
| 15&16 | Step forward on left foot, step in place on right foot, stomp left foot next to right foot |

## 2 SHUFFLES FORWARD - RIGHT, LEFT BEHIND, RIGHT ROCK OUT THEN OVER LEFT

| 17&18 | (Forward shuffle) step forward on right foot, step left foot next to right foot, step right foot forward |
|---|---|
| 19&20 | (Forward shuffle) step forward on left foot, step right foot next to left foot, step left foot forward |
| 21-22 | Step right on right foot, step left foot behind right foot |
| 23&24 | Step weight right on the ball of the right foot, rock weight back in on left foot, step over left foot on right foot |

## LEFT VINE WITH ¼ LEFT SHUFFLE - SIDE STEP WITH HIP THRUSTS (OR HIP CIRCLE TO THE LEFT)

| 25-26 | Step left on left foot, step right foot behind left foot |
|---|---|
| 27&28 | Step ¼ left on left foot, step right foot next to left foot, step left foot forward |
| 29-30 | Long step right foot to right side, stomp left foot next to right foot |
| &31 | (Hip thrusts) reach forward with both arms, push both hips straight forward as you pull in with both arms |
| &32 | Push both hips back as you reach forward with both arms, push both hips straight forward as you pull in with both arms |

**Option**

| 31-32 | Circle hips to the left 2 times |
|---|---|

## REPEAT