

Blue Collar Dance

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Advanced
編舞者: Ilona van der Wansem (NL)
音樂: Blue Collar Man - Travis Tritt



SCUFF, HOP, HOP & MAKE A CYCLING MOTION BACKWARDS

- 1 Scuff with right foot next to left foot
- & Hop on left foot and start cycling motion backwards with right foot (bring right foot up and forward)
- 2 Hop on left foot and end cycling motion with right foot in front of left shin (bring right foot towards left shin)
- & Step right foot across left foot and lift left of the floor
- 3 Scuff with left foot next to right foot
- & Hop on right foot and start cycling motion backwards with left foot (bring left foot up and forward)
- 4 Hop on right and end cycling motion with left in front of right shin (bring left foot towards right shin)
- & Step left foot across right foot and lift right foot of the floor

SCUFF, STEP BACK, TOUCH LEFT HEEL, STEP LEFT HOME, TOUCH RIGHT TOE & BRING RIGHT KNEE OUT TO THE SIDE AND BRING RIGHT KNEE HOME

- 5 Scuff with right foot next to left foot
- & Step right foot back on ball of foot
- 6 Touch left foot heel forward and bring heel down of right foot
- & Step left foot home
- 7 Touch right foot on ball of foot next to left foot
- & On ball of right foot turn your right knee out to the right side (knee $\frac{1}{4}$ to the right)
- 8 On ball of right foot turn your right knee home (knee $\frac{1}{4}$ to the left)

STEP, TOUCH, $\frac{1}{2}$ TURN LEFT, KICK & TOUCH, $\frac{1}{2}$ TURN RIGHT, STEP FORWARD, LIFT HEEL & DOWN

- 9 Step forward with right foot
- 10 Touch left to in place
- 11 Keep feet in place and make $\frac{1}{2}$ turn left, put your weight on your right foot (facing 6:00)
- 12 Kick forward with left foot
- & Step with left foot next to your right foot
- 13 Touch your right toe straight back
- 14 Keep feet in place and make $\frac{1}{2}$ right, put your weight on your right foot (facing 12:00)
- 15 Step forward on left foot
- & Lift your left heel up and look down
- 16 Drop your left heel down and look up

VINE RIGHT, STEP, SWIVEL, VINE LEFT, STEP SWIVEL

- 17 Step to the right side with right foot
- 18 Cross with left foot behind right foot
- & Step to the right side with right foot
- 19 Step left foot forward
- & Swivel both heels to the left and drop your left shoulder a little bit down
- 20 Swivel both heels back to center and bring your left shoulder back up, put weight on right foot
- 21 Step to the left side with left foot
- 22 Cross with right foot behind left foot
- & Step to the left side with right foot

- 23 Step right foot forward
- & Swivel both heel to the right and drop your right shoulder a little bit down
- 24 Swivel both heels back to center and bring your right shoulder back up, put weight on left foot

STEP, ½ TURN, CHUG WALKS FORWARD, STEP, ½ TURN, HOOK

- 25 Step forward on right foot
- 26 Make ½ turn left, keep weight on left foot (facing 6o'clock)
- 27 Step forward on right foot and slide left toe up next to right foot, left knee is slightly bent
- 28 Step forward on left foot and slide right toe up next to left foot, right knee is slightly bent
- 29 Step forward on right foot and slide left toe up next to right foot, left knee is slightly bent
- & Step forward on left foot and slide right toe up next to left foot, right knee is slightly bent
- 30 Step forward on right foot and slide left toe up next to right foot, left knee is slightly bent
- 31 Step forward on left foot
- & Make ½ turn right and put weight on left foot (facing 12:00)
- 32 Hook right foot in front of left shin

RUNNING MAN WITH 2 X ¼ TURN RIGHT, TOUCH SIDE, HOOK ¼ TURN LEFT, STEP ½ TURN LEFT, STEP

- 33 Step down on right foot and slide left foot to the back
- & Hop on right foot and bring left knee up
- 34 Step down on left foot and slide right foot to the back
- & Hop on left foot with ¼ turn right and bring right knee up (facing 3:00)
- 35 Step down on left foot and slide right foot to the back
- & Hop on left foot with ¼ turn right and bring right knee up (facing 6:00)
- 36 Step down on right foot and slide left foot to the back
- 37 Touch left toe out to the side
- 38 Hook left foot in front of right shin and make ¼ turn left (facing 9:00)
- 39 Step forward on left foot
- & Step forward on right foot and start ½ turn left and lift left foot a little bit up (facing 3:00)
- 40 Step left foot down and finish ½ turn

KICK & TOUCH, KICK & TOUCH, CROSS STEP, STEP, CROSS STEP, ½ LEFT, HITCH KNEE

- 41 Kick right foot forward
- & Step with right foot next to left foot
- 42 Touch left toe out to the left side
- 43 Kick left foot forward
- & Step with left foot next to right foot
- 44 Touch right toe out to the right side
- 45 Step behind left foot with right foot
- & Step to the left side with left foot
- 46 Step across left foot with right foot
- 47 Make unwinding ½ turn left (facing 9:00)
- 48 Keep weight on left foot and hitch your right knee (keep foot close to left leg)

SWIVELS WITH ½ TURN, STEP, TOUCH SIDE, STEP, & STEP ¼ RIGHT, STEP FORWARD

- 49 Step forward with right foot and swivel both heel to the right
- 50 Swivel both heels to center
- 51 Swivel both heels to the right
- & Swivel both heels to center
- 52 Swivel both heels to the right and make ½ turn left, put your weight on your right foot and lift left heel
- 53 Step forward on left foot (facing 3:00)
- 54 Touch right toe out to the right side
- 55 Step forward on right foot

& Step to the left side with left foot with $\frac{1}{4}$ turn right (facing 12:00)
56 Step in place with right foot

STEP, LOCKSTEP, STEP, $\frac{1}{4}$ LEFT, STEP, KICK BALL CHANGE, STEP, $\frac{1}{2}$ LEFT

57 Step forward with left foot
58 Lockstep right foot behind left foot
59 Step forward with left foot
& Step right foot forward together with $\frac{1}{4}$ turn left (facing 9:00)
60 Step left foot in place
61 Kick forward with right foot
& Step back with right foot, lift left foot
62 Left foot step in place
63 Step forward with right foot
64 Make $\frac{1}{2}$ turn left and put your weight on you left foot

REPEAT
