Blue Collar Dance



編舞者: Ilona van der Wansem (NL) 音樂: Blue Collar Man - Travis Tritt



SCUFF, HOP, HOP & MAKE A CYCLING MOTION BACKWARDS

- 1 Scuff with right foot next to left foot
- & Hop on left foot and start cycling motion backwards with right foot (bring right foot up and

forward)

2 Hop on left foot and end cycling motion with right foot in front of left shin (bring right foot

towards left shin)

- & Step right foot across left foot and lift left of the floor
- 3 Scuff with left foot next to right foot
- & Hop on right foot and start cycling motion backwards with left foot (bring left foot up and

forward)

4 Hop on right and end cycling motion with left in front of right shin (bring left foot towards right

shin)

& Step left foot across right foot and lift right foot of the floor

SCUFF, STEP BACK, TOUCH LEFT HEEL, STEP LEFT HOME, TOUCH RIGHT TOE & BRING RIGHT KNEE OUT TO THE SIDE AND BRING RIGHT KNEE HOME

- Scuff with right foot next to left footStep right foot back on ball of foot
- 6 Touch left foot heel forward and bring heel down of right foot
- & Step left foot home
- 7 Touch right foot on ball of foot next to left foot
- & On ball of right foot turn your right knee out to the right side (knee ¼ to the right)
- 8 On ball of right foot turn your right knee home (knee ½ to the left)

STEP, TOUCH, ½ TURN LEFT, KICK & TOUCH, ½ TURN RIGHT, STEP FORWARD, LIFT HEEL & DOWN

- 9 Step forward with right foot
- 10 Touch left to in place
- 11 Keep feet in place and make ½ turn left, put your weight on your right foot (facing 6:00)
- 12 Kick forward with left foot
- & Step with left foot next to your right foot
- Touch your right toe straight back
- 14 Keep feet in place and make ½ right, put your weight on your right foot (facing 12:00)
- 15 Step forward on left foot
- & Lift your left heel up and look down
- 16 Drop your left heel down and look up

VINE RIGHT, STEP, SWIVEL, VINE LEFT, STEP SWIVEL

- 17 Step to the right side with right foot 18 Cross with left foot behind right foot & Step to the right side with right foot
- 19 Step left foot forward
- & Swivel both heels to the left and drop your left shoulder a little bit down
- Swivel both heels back to center and bring your left shoulder back up, put weight on right foot
- 21 Step to the left side with left foot
- 22 Cross with right foot behind left foot
- & Step to the left side with right foot

Step right foot forward		
Swivel both heel to the right and drop your right shoulder a little bit down		
Swivel both heels back to center and bring your right shoulder back up, put weight on left foot		
I, CHUG WALKS FORWARD, STEP, ½ TURN, HOOK		
Step forward on right foot		
Make ½ turn left, keep weight on left foot (facing 6o'c)		
Step forward on right foot and slide left toe up next to right foot, left knee is slightly bent		
Step forward on left foot and slide right toe up next to left foot, right knee is slightly bent		
Step forward on right foot and slide left toe up next to right foot, left knee is slightly bent		
Step forward on left foot and slide right toe up next to left foot, right knee is slightly bent		
Step forward on right foot and slide left toe up next to right foot, left knee is slightly bent		
Step forward on left foot		
Make ½ turn right and put weight on left foot (facing 12:00)		
Hook right foot in front of left shin		
RUNNING MAN WITH 2 X ¼ TURN RIGHT, TOUCH SIDE, HOOK ¼ TURN LEFT, STEP ½ TURN LEFT, STEP		
Step down on right foot and slide left foot to the back		
Hop on right foot and bring left knee up		
Step down on left foot and slide right foot to the back		
Hop on left foot with ¼ turn right and bring right knee up (facing 3:00)		
Step down on left foot and slide right foot to the back		
Hop on left foot with ¼ turn right and bring right knee up (facing 6:00)		
Step down on right foot and slide left foot to the back		
Touch left toe out to the side		
Hook left foot in front of right shin and make 1/4 turn left (facing 9:00)		
Step forward on left foot		
Step forward on right foot and start ½ turn left and lift left foot a little bit up(facing 3:00)		
Step left foot down and finish ½ turn		
KICK & TOUCH, KICK & TOUCH, CROSS STEP, STEP, CROSS STEP, ½ LEFT, HITCH KNEE		
Kick right foot forward		
Step with right foot next to left foot		
Touch left toe out to the left side		
Kick left foot forward		
Step with left foot next to right foot		
Touch right toe out to the right side		
Step behind left foot with right foot		
Step to the left side with left foot		
Step across left foot with right foot		
Make unwinding ½ turn left (facing 9:00)		
Keep weight on left foot and hitch your right knee (keep foot close to left leg)		
H 1/2 TURN, STEP, TOUCH SIDE, STEP, & STEP 1/4 RIGHT, STEP FORWARD		
Step forward with right foot and swivel both heel to the right		
Swivel both heels to center		
Swivel both heels to the right		
Swivel both heels to center		
Swivel both heels to the right and make $\frac{1}{2}$ turn left, put your weight on your right foot and lift left heel		
Step forward on left foot (facing 3:00)		
Touch right toe out to the right side		
Step forward on right foot		

&	Step to the left side with left foot with ¼ turn right (facing 12:00)	
56	Step in place with right foot	
OTED LOOKOT	TED OTED 1/ LEFT OTED WOWDALL QUANCE OTED 1/ LEFT	
STEP, LOCKSTEP, STEP, ¼ LEFT, STEP, KICK BALL CHANGE, STEP, ½ LEFT		
57	Step forward with left foot	
58	Lockstep right foot behind left foot	
59	Step forward with left foot	
&	Step right foot forward together with ¼ turn left (facing 9:00)	
60	Step left foot in place	
61	Kick forward with right foot	
&	Step back with right foot, lift left foot	
62	Left foot step in place	
63	Step forward with right foot	
64	Make ½ turn left and put your weight on you left foot	

REPEAT