Blue Eyes

拍數: 32

級數: Improver

編舞者: Adrian Churm (UK)

音樂: Blue Eyes - Paul Bailey

ROCK STEPS, TRIPLE STEPS, TURNING PIVOT TURN

- 1-2 Right foot steps forward and across left, replace weight back onto left
- 3&4 Triple step to the side right, left, right, making 1/4 turn right.
- 5-8 Repeat 1 - 4 on the opposite feet turning to the left
- 9-10 Right foot steps forward making ¹/₄ turn to the left (weight on the left)

TRIPLE STEP CROSS OVERS, GRAPEVINE WITH TOUCH

- 11&12 Right foot steps forward and across the left foot, left foot steps to the left, right foot steps forward and across the left
- 13-16 Left foot steps to the side, right foot steps behind the left, left foot steps to the side, right foot draws up and touches next to the left

TRIPLE STEPS AND PIVOT TURNS

- 17-18 Right foot steps forward then replaces weight on left foot.
- 19&20 Triple step back right, left, right,
- Step back with the ball of the left foot and make a 1/2 turn to the left (weight is now on the left) 21-22
- 23&24 Triple step forward right, left, right
- 25-26 Left foot steps forward the replace weight back onto right foot.
- 27&28 Triple step back left, right, left
- 29-30 Step back with the ball of the right foot and make 1/2 turn to the right (weight is now on the right)
- 31&32 Triple step forward left, right, left

REPEAT

On the third wall only add in after beats 19-20 step back on the left, replace weight forward on to right. Triple step forward left, right, left, then start again from the beginning. This will keep you in phrase with the music.





牆數:4