The Blues, Baby



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Rick Bates (USA) & Deborah Bates (USA) 音樂: Blues About You Baby - Delbert McClinton



SCUFF, HEEL CROSS, TOE TAPS, UNWIND WITH HEEL BOUNCES

1-2 Scu	ff right foot next to left,	cross right foot in front	and across left shin
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3-4 Tap right toe to the left of left foot twice

5-8 Unwind ¾ turn to the left while bouncing on heel of left feet and shift weight to left foot

DIAGONAL STEP-SLIDE-STEP, SCUFF, FORWARD STEP-SCUFFS WITH CLAPS

9-10	Step forward and diagonally to the right on right foot, slide left foot next to right
11-12	Step forward and diagonally to the right on right foot, scuff left foot next to right
13-14	Step forward on left foot, scuff right foot next to left and clap hands
15-16	Step forward on right foot, scuff left foot next to right and clap hands

VINE LEFT WITH 1/4 TURN, TOUCH, TOE/HEEL STRUTS WITH FINGER SNAPS

17-18	Step to the left on left foot, cross right foot behind left and step
19-20	Step a 1/4 turn to the left on left foot, touch right foot next to left
21-22	Step back onto toes of right foot, step down onto heel of right foot and snap fingers
23-24	Step back onto toes of left foot, step down onto heel of left foot and snap fingers

SIDE SHUFFLE RIGHT, ROCK STEP, SIDE SHUFFLE LEFT, ROCK STEP

25&26	Side shuffle to the right (right, left, right)
27-28	Step back on left foot, rock forward onto right foot
29&30	Side shuffle to the left (left, right, left)
31-32	Step back on right foot, rock forward onto left foot

TURNING SHUFFLE, ROCK STEP, TOE/HEEL STRUTS

33&34	Shuffle in place (right, left, right) making a ½ turn to the left with these steps
35-36	Step back on left foot, rock forward onto right foot
37-38	Step to the left onto toes of left foot, step down onto heel of left foot
39-40	Step across left onto toes of right foot, step down onto heel of right foot

TOE/HEEL STRUTS, ¾ TO THE LEFT ROLLING TURN, HOLD

41-42	Step back onto toes of left foot, step down onto heel of left foot
43-44	Step to the right onto toes of right foot, step down onto heel of right foot
45-46	Step to the left on left foot and begin a ¾ to the left rolling turn traveling to the left, step on right foot continue ¾ to the left rolling turn
47-48	Step on left foot and complete ¾ to the left rolling turn, hold

REPEAT