

# Best Of Intentions

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: David J. McDonagh (WLS)  
音樂: Best of Intentions - Travis Tritt



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## SIDE SWEEP ( $\frac{1}{2}$ -LEFT), CROSS CHASSE, POINT HOOK ( $\frac{3}{4}$ -LEFT), LEFT SHUFFLE

- 1            Step left to left side
- 2            On ball of left sweep right toe around in an arc (right/forward) while completing  $\frac{1}{2}$  turn over left shoulder
- 3&4        Cross-step right over left, step left to left side, cross-step right over left
- 5            Point left to left side
- 6            Hook left heel over right shin while completing  $\frac{3}{4}$  turn over left shoulder on ball of right
- 7&8        Step forward left, step right beside left, step forward left

## SIDE SWEEP ( $\frac{1}{2}$ -RIGHT), CROSS CHASSE, POINT HOOK ( $\frac{3}{4}$ -RIGHT), RIGHT SHUFFLE

- 9-16        Repeat counts 1-8 on opposite feet (i.e. Step right to right side etc.)

## ROCK STEP, BACK LOCK STEP, FULL TURN INTO RIGHT SHUFFLE FORWARD

- 1-2        Rock forward onto left, rock weight back onto right
- 3&4        Step back on left, cross-step right over left, step back on left
- 5            On ball of left complete  $\frac{1}{2}$  turn right stepping forward on right
- 6            On ball of right complete  $\frac{1}{2}$  turn right stepping back on left
- 7&8        On ball of left complete  $\frac{1}{2}$  turn right stepping forward on right, left, right

## ROCK STEP, BEHIND SIDE CROSS, ROCK STEP, BEHIND SIDE ( $\frac{1}{4}$ -LEFT), FORWARD

- 1-2        Rock forward onto left, rock weight back onto right
- 3&4        Cross-step left behind right, step right to right side, cross-step left over right
- 5-6        With left crossed over right: rock forward onto right, rock weight back onto left
- 7&8        Cross-step right behind left, step left to left side turning  $\frac{1}{4}$  turn left, step forward on right

## REPEAT

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