The Big A



拍數: 32 牆數: 2 級數:

編舞者: Cindy Truelove (AUS)

音樂: If My Heart Had An A -- - James T. Horn



SWIVEL, STRUTS FORWARD

1& Step right toes forward with heels of both feet off floor and swiveled in, swivel both heels out

dropping heel of right foot and shifting weight to right

2& Step left toes forward with heels of both feet off floor and swiveled in, swivel both heels out

dropping heel of left foot and shifting weight to left

3& Repeat 1& 4& Repeat 2&

KICK-BALL CHANGE STEP TWICE

1&2& Kick right forward, step ball of right to side, change weight to left at center, step right to center 3&4& Kick left forward, step ball of left to side, change weight to right at center, step left to center To add style to the above 4 counts swivel heels out to right on the first & count and straighten on right, swivel heels left on third & count and straighten on 4

TRAVELING SWIVEL TO RIGHT, HOLD, REPEAT TO LEFT

Swivel both heels right, swivel toes right, swivel heels right, hold & clap
Swivel both heels left, swivel toes left, swivel heels to center, hold & clap

Traveling applejacks may be used for a variation above

KICK, STEP, KICK, STEP, KICK, COASTER

1&2& Kick right forward, step right back, kick left forward, step left back

3&4& Kick right forward, step right back, step left beside right, step right slightly forward

EXTENDED VINE LEFT

1&2&3&4 Vine left stepping left side, right behind, left side, right behind, left side, right behind. Left side

& Stomp right (no weight) beside left

KICK. KICK, ROCK/STEP, RIGHT TOE STRUT, LEFT TOE STRUT

1&2& Kick right forward twice, rock back on right, return weight to left at center 3&4& Place right toes forward, drop right heel, place left toes forward, drop left heel

EXTENDED VINE RIGHT

1&2&3&4 Vine right stepping right side, left behind, right side, left behind, right

side

& Stomp left (no weight) beside right

KICK, KICK, ROCK/STEP, LEFT TOE STRUT, 1/2 PIVOT TURN LEFT

1&2& Kick left forward twice, rock back on left, return weight to right at center 3&4& Place left toes forward, drop left heel, step right forward, pivot turn ½ left

REPEAT