Baton Rouge



拍數: 48 牆數: 4 級數:

編舞者: Ian St. Leon (AUS)

音樂: Calling Baton Rouge - Garth Brooks



WALK FORWARD RIGHT, WALK FORWARD LEFT, STEP RIGHT FORWARD & TWIST, STEP LEFT FORWARD & TWIST, STEP & TWIST, STEP FORWARD LEFT, PIVOT ½ TURN RIGHT

1-2-3&4& Walk forward on right, walk forward on left, step forward on right & twist right heel out - lifting

left leg to left side, step forward on left & twist left heel out - lifting right leg to right side

5&6-7-8 Step forward on right, twist heel apart & heels together (weight on right), step forward on left,

pivot ½ turn right

SIDE SHUFFLE LEFT, TURN ½ LEFT, SIDE SHUFFLE RIGHT, STEP LEFT ACROSS RIGHT, ROCK BACK LEFT, CHA-CHA FULL TURN LEFT TO LEFT SIDE

1&2&3&4 Step left to left side, step right together, step left to left side - turn ½ turn left on ball of left

foot, step right to right side, step left together, step right to right side

5-6-7&8 Cross/rock left over right, rock back onto right, - turning full turn to left - cha-cha full turn left-

right-left

BEHIND, SIDE, CROSS, 1/4 PIVOT TURN RIGHT

1&2-3-4 Step right behind left, step left to left side, cross right over left, step forward on left, pivot ¼

turn to right (weight on left)

PADDLE TURN, PADDLE TURN, PADDLE TURN, 1/4 TURN STEP FORWARD

1&2&3-4 Step forward on left, turn ½ turn to right, take weight on right

Step forward on left, turn ½ turn to right, take weight on right Step forward on left, turn ¼ turn right, take weight on right

Turn ¼ turn right, step forward on left

1/4 TURN TO LEFT, 1/2 TURN TO LEFT, HEEL AND HEEL STEP, SCUFF, SHUFFLE

1-2-3&4 Turn ¼ turn to left - step right to right side, turn ½ turn left, step left to left side, place right

heel forward, step right together, place left heel forward

&5-6-7&8 Step left together, step forward on right, scuff left forward, shuffle forward left (left-right-left)

1/2 TURN LEFT, 3 TOE TAPS, 3 STOMPS, 3 TWISTS 1/4 TURN LEFT

&1&2-3&4 On ball of left foot - pivot ½ turn to left, tap right toe behind left three times (moving it back

slightly on each tap) stomp right forward at 45 degrees right, stomp left forward at 45 degrees

left

Stomp right forward at 45 degrees right (feet should be shoulder width apart)

5-6-7&8 Turn toes in, bring heels in (feet still slightly apart), twist heels to right, twist heels to left, twist

heels to right making 1/4 turn to left

1/4 PIVOT LEFT, RIGHT SAILOR SHUFFLE, LEFT SAILOR SHUFFLE, CROSS BEHIND, UNWIND

1-2-3&4 Step forward on right, pivot ½ turn left (weight on left)

Right sailor shuffle - (right behind, left to left side, right to center)

5&6-7-8 Left sailor shuffle - (left behind right, right to right side, left to center)

Cross right behind left, unwind ¾ turn to right (keep weight on left)

REPEAT