Beatlemania

拍數: 32

級數: Improver

編舞者: Fred Rapoport (USA)

音樂: Bigger Than The Beatles - Joe Diffie

KICK-BALL CHANGES AND SCUFFS

- 1&2 Shuffle forward (right-left-right)
- 3&4 Shuffle forward (left-right-left)
- 5&6 Kick right forward, step down right, shift weight to left
- 7-8 Step back (right-left)
- 9 Kick right forward
- & Step down on right
- 10 Shift weight to left
- 11-12 Step forward right and pivot 1/4 turn to left on left
- 13 Kick right forward
- & Step down on right
- 14 Touch left next to right
- 15-16 Step in place left, brush right forward
- 17-18 Step in place right, brush left forward
- Step forward left and pivot 1/4 turn to left, touch right next to left 19-20
- 21&22 Kick right forward, step down right, and touch

TOE RAISES & SAILOR SHUFFLES

- & Shift weight to left
- 23-24 Bending right knee, rise up on ball of left foot, lifting left heel off floor twice
- 25 Cross right behind left
- & Step to left with left
- 26 Step down on right, touching left
- 27-28 Bending left knee, rise up on ball of right foot, lifting right heel off floor twice
- 29 Cross left behind right
- & Step to right with right
- 30 Step down on left

IN-PLACE PIVOTS

- 31 Pivot 1/4 turn in-place to right, on balls of both feet
- 32 Pivot ¼ turn in-place to left, on balls of both feet

REPEAT





牆數: 4