

Beausoleil Twist

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner contra dance
編舞者: Bob Williamson
音樂: Mama Rosin Boudreaux - Beausoleil



VINE STEPS

- 1 Step to right with right foot
- 2 Cross left foot behind tight
- 3 Step to right with right foot
- & Stomp left foot, and clap hands
- 4 Stomp right foot, and clap hands

- 1 Step to left with left foot
- 2 Cross right foot behind left
- 3 Step to left with left foot
- & Stomp right foot, and clap hands
- 4 Stomp left foot, and clap bands

STAR TOUCHES

- 1 Touch right toes to front
- 2 Touch tight toes to the side
- 3 Touch right toes behind left foot
- & Stomp right foot in place
- 4 Stomp left foot in place

- 1 Touch left toes to front
- 2 Touch left toes to the side
- 3 Touch left toes behind tight
- & Stomp left foot in place
- 4 Stomp right foot in place

THE TWIST

- 1 Step forward on tight foot
- 2 Step forward on left foot
- 3 Step right foot next to left
- & Swivel both heels to the tight
- 4 Return heels to center
- 1-4 Repeat last four counts

STAR TURN

- 1 Touch right toes front
- 2 Touch right toes to the side
- 3 Touch right toes behind left foot
- & Step $\frac{1}{4}$ turn to right with tight foot
- 4 Step left foot next to right
- 1-4 Repeat last four counts

REPEAT