Beer Run (Around)

拍數: 32

牆數:0

編舞者: Vivienne Scott (CAN)

音樂: Beer Run - Garth Brooks & George Jones

Position: Dancers in inner circle face RLOD. Dancers in outer circle face LOD

FACING FORWARD, HIP BUMPS ON RIGHT FOOT, THEN LEFT

- 1-2 Step right foot forward bumping right hip right, bump left hip left
- 3-4 Bump right hip right, bump left hip left
- 5 Bump right hip right, stepping left foot forward
- 6 Transfer weight to left foot while bumping left hip left
- 7-8 Bump right hip right, bump left hip left (weight on left)

TWO STEP SCUFFS FORWARD, FOUR STEPS BACK WITH ¼ TURN LEFT

- 9-10 Step right foot forward, scuff left foot forward
- 11-12 Step left foot forward, scuff right foot forward
- 13-14 Step back right, left
- 15-16 Step back right, step back left with ¹/₄ turn left (weight on left)

RIGHT VINE WITH HITCH ½ TURN, LEFT VINE WITH HITCH ½ TURN

- 17-18 Step right foot side right, step left behind right
- 19-20 Step right foot side right, hitch left knee making ½ turn to right on ball of right foot
- 21-22 Step left foot side left, step right behind left
- 23-24 Step side left, hitch right knee making ½ turn to left on ball of left foot (dancers in the inner circle will be facing dancers in the outer circle)

STOMP RIGHT, LEFT, CLAPS, TWO STEPS WITH 1/4 TURN

- 25-26 Stomp right foot side right, stomp left foot side left (feet slightly apart, weight even on both feet, positioning yourself so you face a dancer in the opposite circle)
- 27 Slap hands on thighs (right hand on right thigh, left hand on left thigh)
- 28 Clap hands together
- 29 Slap hands with dancer facing (right hand against left, left hand against right)
- 30 Claps hands together
- 31-32 Step right side right with ¼ turn right, step left beside right (weight on left)

For count 29, if there isn't an opposite dancer, touch hands to shoulders (right to right shoulder, left to left shoulder)

REPEAT





級數: