# Beginner Bop



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音樂: Do You Love Me - The Contours



## SWIVEL RIGHT CLAP, SWIVEL LEFT CLAP

1-2	Swivel both heels right, swivel both toes right
3-4	Swivel both heels right, hold clapping hands
5-6	Swivel both heels left, swivel both toes left
7-8	Swivel both heels left hold clapping hands

#### HIP BUMPS WITH HEAD TURNS SHIMMY DOWN AND UP

1-2	Bump hips right twice turning head to face right
3-4	Bump hips left twice turning head to face left

5-6 Turn had to face the front and shimmy shoulders forward

7-8 Shimmy shoulders back

## VINE TO THE RIGHT, VINE TO LEFT WITH 1/4 TURN LEFT

1-2	Step right to right side, step left behind right
3-4	Step right to right side, touch left by right
5-6	Step left to left side, step right behind left
7-8	Turn 1/4 left stepping left touch right beside left

## **JUMPS WITH CLAPS**

&1-2	Jump forward right left, clap
&3-4	Jump forward right left, clap
&5-6	Jump forward right left, clap
&7-8	Jump forward right left, clap

#### **REPEAT**