

Badonkin' (P)

拍數: 32 牆數: 0 級數: Partner
編舞者: Nikki Wyllie (USA)
音樂: Honky Tonk Badonkadonk - Trace Adkins



Position: Right side by side (Sweetheart or Cape)

TOUCH, CROSS, TOUCH, CROSS: FORWARD ROCK STEP, LEFT COASTER STEP

1-2 Touch left toe to left side, cross step left forward in front of right
3-4 Touch right toe to right side, cross step right forward in front of left
5-6 Rock step weight forward on left, rock weight back on right foot
7&8 Step back left, together right, forward left

Alternate step: triple step in place

TOUCH, CROSS, TOUCH, CROSS: CROSS ROCK STEP, ¼ TURN RIGHT, TOGETHER, STEP

1-2 Touch right toe to right side, cross step right forward in front of left
3-4 Touch left toe to left side, cross step left forward in front of right
5-6 Cross rock right over left, step back onto left
7&8 ¼ turn right on right, step left next to right, step right to right side (facing OLOD)

CROSS ROCK STEP, TRIPLE STEP, CROSS ROCK STEP, TRIPLE STEP

1-2 Cross left foot, on diagonal, in front of right, rock weight back on right
3&4 Step left to left side, step together right, step left to left side
5-6 Cross right foot, on diagonal, in front of left, rock weight back on left
7&8 Step right to right side, step together left, step right to right side releasing left hands on count 8

¼ PIVOT RIGHT, ½ PIVOT RIGHT, LEFT KICK BALL CHANGE, WALK, WALK

1-2 Step forward left, pivot ¼ right, (facing RLOD)
3-4 Step forward left, pivot ½ right (facing LOD) rejoin left hands in right side by side position
5&6 Low kick left (extended from the knee, toes pointed down), step on ball of left, change weight to right
7-8 Walk forward left, walk forward right

REPEAT