

Barnyard Stomp

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Nancy Morgan (USA)
音樂: Barnyard Stomp - The GrooveGrass Boyz



KICK AND KICK AND ROCK FORWARD AND BACK, TOUCH BACK, ½ TURN, KICK AND KICK

- 1&2 Kick right and left -- put right heel forward, put right next to left as you put left heel forward
3&4 And forward rock step -- put left next to right as you put right foot forward shifting weight from right and back to left
5-6 Touch back with ½ turn - touch right toe back, turn ½ turn to right on ball of right shifting weight to right
7&8 Kick left and right - put left heel forward, put left next to right as you put right heel forward

CROSS, STEP ¼ BACK, HOP BACK AND CLAP, BOUNCE HIPS TWICE, TOE TAP ¼ TURN, STOMP

- 3&1-2 And cross, step back -- put right next to left as you cross left over right, step back on right as you turn ¼ turn to left
3&4 Hop back and clap -- hop back left, right with feet shoulder length apart, clap
5&6 Step forward and bounce hips - step forward on right as you bounce your right hip two times (weight should be on right)
7-8 Toe tap ¼ turn - tap left foot once making a ¼ turn, stomp left next to right (keeping weight on right)

SLIDE LEFT, JUMP RIGHT 3-TIMES, STOMP 3-TIMES, TURN REAL TIGHT

- 1-2 Slide to the left - step left to left side, slide right next to left
3&4 Jump to the right - with feet together hop to the right 3 time quickly ending with weight on right
5&6 Stomp 3 times - stomp left three times quickly
7-8 Turn real tight - cross right over left and turn full turn ending weight on right (two count turn)

SCOOT TO FRONT, SCOOT TO BACK, ROCK STEP, ¼ TURN SIDE SHUFFLE

- 1&2 Scoot to the front - step left foot forward, step right next to left, step left foot forward
3&4 Scoot to the back - step back on right, step left next right, step back on right
5-6-7&8 Rock step, ¼ turn with side shuffle - step back on left and forward on right, turning ¼ turn to right, side shuffle - left, right, left (stomping on left)

TRAVELING SAILOR SHUFFLES, COASTER FORWARD, COASTER BACK

- 1&2 Sailor shuffle forward - step right foot behind left, step left foot to left side, step right foot forward
3&4 Sailor shuffle forward - step left foot behind right, step right foot to right side, step left foot forward
5&6 Coaster step - step forward on right, step left next to right, step back on right
7&8 Coaster step - step back on left, step back on right, step forward on left

CROSSING HEEL, TOE, HEEL, TOE, HEEL, TOE, SAILOR SHUFFLE

- 1-2-3-4-5-6 Step right heel forward swinging right toe to right and setting it down (2 counts, heel-toe), cross left over right placing heel on floor pointing toe to right, swing toe forward and set down (2 counts, heel toe), step right heel to right side with right toe facing left, swing right toe to right and set it down (2 counts, heel-toe)
7&8 Sailor shuffle - step left foot behind right, step right foot to right side, step left foot

REPEAT