Around The Bend



拍數: 52 牆數: 4 級數: Improver

編舞者: Kjell Magnusson (SWE)

音樂: Up Around the Bend - Creedence Clearwater Revival



SHUFFLE RIGHT, ROCK BACK, SHUFFLE LEFT, ROCK BACK

1&2	Step right to right side, close left next to right, step right to right side
IUL	Olop right to right slac, close left floot to right, slop right to right slac

3-4 Rock back on left, recover

Step left to left side, close right next to left, step left to left side

7-8 Rock back on right, recover

TOUCH, KICK, SAILOR STEP, CROSS-UNWIND 1/2 LEFT, CROSS ROCK

9-10	Touch right toe next to left, kick right forward to the right diagonal
11&12	Step right behind left, step left to left side, step right to right side
13-14	Cross left behind right, unwind ½ turn left (weight on left after turn)

15-16 Cross rock right in front of left, recover

SHUFFLE RIGHT, ROCK BACK, SHUFFLE LEFT, ROCK BACK

17&18	Step right to right side, close left next to right, step right to right side
19-20	Rock back on left, recover

21&22 Step left to left side, close right next to left, step left to left side

23-24 Rock back on right, recover

TOUCH, KICK, SAILOR STEP, CROSS-UNWIND ½ LEFT, CROSS ROCK

25-26	Touch right toe next to left, kick right forward to the right diagonal
27&28	Step right behind left, step left to left side, step right to right side
29-30	Cross left behind right, unwind ½ turn left (weight on left after turn)

31-32 Cross rock right in front of left, recover

SIDE, TOGETHER, SHUFFLE RIGHT, CROSS ROCK, FULL TURN LEFT

33-34	Step right to right side, close left next to right
35&36	Step right to right side, close left next to right, step right to right side
37-38	Cross rock left in front of right, recover
39-40	Turn ¼ left and step left forward, turn ½ left and step right back

SIDE, TOGETHER, SHUFFLE 1/4 LEFT, ROCK FORWARD, SHUFFLE TURN 1/2 RIGHT

41-42	Turn ¼ left (finishing full turn) and step left to left side, close right next to left
43&44	Step left to left side, close right next to left, turn ¼ left and step forward left

45-46 Rock forward on right, recover

47&48 Turn ¼ right and step right to right side, close left next to right, turn ¼ right and step forward

on right

FULL TURN RIGHT, STEP FORWARD, TOUCH

49-50	Turn ½ right and step back on left, turn ½ right and step forward on right	

51-52 Step forward on left, touch right next to left

REPEAT