Avenuen



編舞者: Anne Månsson

音樂: Avenuen - Trine Dyrholm



TOE STRUT RIGHT FOOT, TURN ¼ LEFT AND TOE STRUT LEFT FOOT, BACK ¼ TURN AND REPEAT

1-2 Right toe forward and strut foot down (with weight)

83-4 Turn ½ left and put left toe forward and foot down (with weight)

5-6 Turn ½ back to the right, and right toe forward and down (with weight)

&7-8 Repeat &3-4

Turn your body, and stay in place, but ending with face 9:00

DIAGONAL FORWARD RIGHT AND TAP TOE IN PLACE TAP TOE, REPEAT BACK

1-2 Diagonal forward on right foot, and tap left toe beside right

3-4 Back in place left foot and tap right toe beside left

5-6 Diagonal back on right foot and tap left toe beside right

7-8 Forward left in place touch right beside left

You can bend a little in you knee with every toe tap's

VINE RIGHT, VINE LEFT WITH 1/4 TURN LEFT WITH SCUFF

1-2 Right to the right side, left behind right

3-4 Right to right side and touch left beside right

5-6 Left to the left side right behind left

7-8 Left to the left with ¼ turn left, and scuff right beside left

REPEAT

ENDING

Forward left turn 1/4 over right and your have face in front This dance is dedicated to my dancers from Dalvangen