Amazing Faith



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Rob Fowler (ES) 音樂: Amazed - Lonestar



The dance is a style, called Night Club Two Step. The count is quick-quick-slow and should be danced flowing. When counting you should drag or slide your words on the slow count (e.g., "Sloow")

QQS	Rock back on right foot, recover on the left, step right foot to right side and slide left foot next to right
QQS	Cross rock left foot over right, recover weight to right foot, ½ hinge turn left, sweep left foot next to right
QQS	Rock back on right foot, recover on the left, step right foot to right, side and slide left foot next to right
QQS	Cross rock left foot over right, recover weight to right foot, $\frac{1}{2}$ hinge turn left, sweep left foot next to right
QQS	Rock back on right foot, recover weight to left foot, spin ½ turn left on ball of left foot
QQS	Rock back on left foot, recover weight to right foot, spin ¼ turn right on the ball of right foot
QQS	Rock back on right foot, recover weight to left foot, spin ½ turn left on the ball of left foot
QQS	Rock back on the left foot, recover weight to the right foot, step left foot next to right
QQS	Rock right foot to right side, recover weight to left foot, cross right foot over left
QQS	Rock left foot to left side, recover weight to right foot, cross left foot over right
QQS	Step right foot to right side, cross left foot behind right, step right foot into a 1/4 turn right
QQS	Step left foot forward, pivot ½ turn right, step left foot forward
QQS	Rock forward on right foot, rock back on to ball of left while turning ½ turn right, step forward on right (small step)
QQS	Rock forward on left foot, rock back right while pivoting ¼ turn left, step left next to right
QQS	Rock forward on right foot, rock back on to ball of left while turning ½ turn right, step forward on right foot
QQS	Rock forward on left foot, rock back on right foot, step left next to right

REPEAT