

# Amen

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Willie Brown (SCO)  
音樂: Can I Get an Amen - Shannon Brown



## CROSS ROCK, SIDE SHUFFLE, CROSS, BACK, ¼ SHUFFLE

- 1-2      Cross rock right across left, recover weight back on left
- 3&4      Step right to right, step left beside right, step right to right side
- 5-6      Cross left over right, step back on right
- 7&8      Make ¼ turn left stepping forward left, step right beside left, step forward left

## HEEL SWITCHES X3, HOOK, HEEL, COASTER STEP, ½ PIVOT

- 9&10&11      Touch right heel forward, quickly step right in place, touch left heel forward, quickly step left in place, touch right heel forward
- &12      Hook right heel across left shin, touch right heel forward
- 13&14      Step right foot back, step left beside right, step forward right
- 15-16      Step forward left, pivot ½ turn right ending with weight on right

## CROSS, SIDE, BEHIND SIDE CROSS, POINTX2, HEEL SPLITS, HITCH

- 17-18      Cross left in front of right, step right to right side
- 19&20      Cross left behind right, step right to right side, cross left in front of right
- 21&22&      Point right to right side, quickly step in place, point left to left side, quickly step in place
- 23&24      Split heels apart, bring heels together, hitch right knee up

## COASTER STEP, ROCK AND SIDE, SAILOR STEPX2

- 25&26      Step back right, step left beside right, step forward right
- 27&28      Rock forward left, recover back on right, step left to left side
- 29&30      Cross right behind left, step left to left side, step right to right side
- 31&32      Cross left behind right, step right to right side, step left to left side

### Alternative steps:

- 31&32      Cross left behind right, unwind full turn left sweeping right to front with weight still on left

## REPEAT

## RESTART

On 4th wall dance up to count 15 (step forward left) then on count 16 (½ pivot right) keep weight on left foot to restart the dance facing home wall