Anton, Anton



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Michele Perron (CAN) & Neil Hale (USA)

音樂: Anton Aus Tirol - D.J. Otzi



TRIPLES FORWARD RIGHT, LEFT; FORWARD, TURN, DIP, TURN

Right triple forward (right step forward, left step together; right step forward)

Left triple forward (left step forward, right step together, left step forward)

Right step forward; execute ½ turn left with heel 'pops' (feet are apart)

7 Bend both knees

8 Execute ¼ turn left with left toe pull back (left flex foot pos., left heel on floor, knees are

straight) (weight ends on right) (6:00)

TRIPLES FORWARD LEFT, RIGHT; FORWARD, TURN, DIP, TURN

1&2 Left triple forward (left, right, left)3&4 Right triple forward (right, left, right)

5-6 Left step forward; execute ¼ turn right with heel 'pops' (feet apart)

7 Bend both knees

8 Execute ¼ turn right, with right toe pull back (right flex foot pos., right heel on floor, knees are

straight) (weight ends on left) (12:00)

TRIPLE FORWARD, SCUFF-HITCH-STEP: REPEAT

1&2	Right triple forward (right step forward, left step together, right step forward)
3&4	Left scuff forward, left knee hitch with right scoot forward, left step forward
5&6	Right triple forward (right step forward, left step together, right step forward)
7&8	Left scuff forward, left knee hitch with right scoot forward, left step forward

FORWARD/ROCK, BACK/ROCK, FORWARD, KICK, STEP, TURN/HITCH

1-2 Right step forward; left rock/step back3-4 Right step back; left rock/step forward

5-6 Right step forward; left low kick forward (bend right knee)
7-8 Left step back; execute ½ turn right with right knee hitch (3:00)

TRIPLE SIDE, CROSS/ROCK, TRIPLE SIDE, PIVOT TURN

1&2 Right triple to side right (right, left, right)

3-4 Left cross step in front of right; right rock/step back

5&6 Left triple to side left with ¼ turn left

7-8 Right step forward; execute ½ turn left, weight on left (6:00)

TOUCH, TOUCH, BEHIND, UNWIND, CROSS/SIDE, CROSS/SIDE, CROSS, SIDE

1-2 Right touch forward; right touch to side right

3-4 Right cross behind left; unwind ½ turn right with right heel drop and left heel pop up (weight

on right)

On the next four counts, execute ½ turn right

Left cross step in front of right, right step to side rightLeft cross step in front of right, right step to side right

7-8 Left cross step in front of right, right step to side right (you have completed ½ turn right)

(6:00)

CROSS, ROCK, SIDE, CROSS, ROCK, FORWARD, FORWARD, TURN

1-2 Left cross/step in front of right; right recover/step back
3-4 Left step to side left; right cross/step in front of left

- 5-6 Left recover/step back; execute ¼ turn right and right step forward (9:00)
- 7-8 Left step forward; execute ½ turn right, weight ends right (3:00)

FORWARD/ROCK, BACK/ROCK, FORWARD/ROCK, COASTER STEP

1-2 Left step forward; right recover/step back
3-4 Left step back; right recover/step forward
5-6 Left step forward: right recover/step back

7&8 Left step back, right step beside left, left step forward

REPEAT